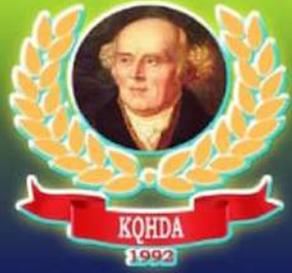




KQHDA HOMOEEO SANDESH



KARNATAKA QUALIFIED HOMOEOPATHIC DOCTORS' ASSOCIATION ®

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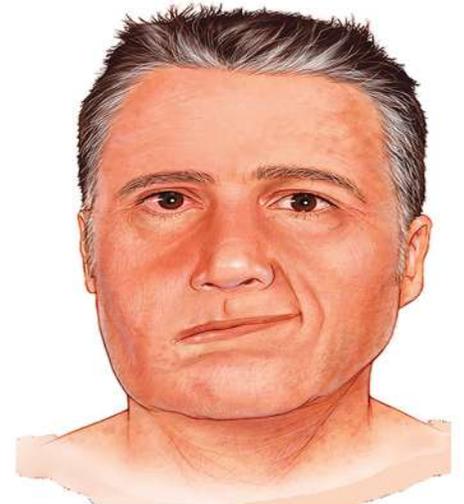
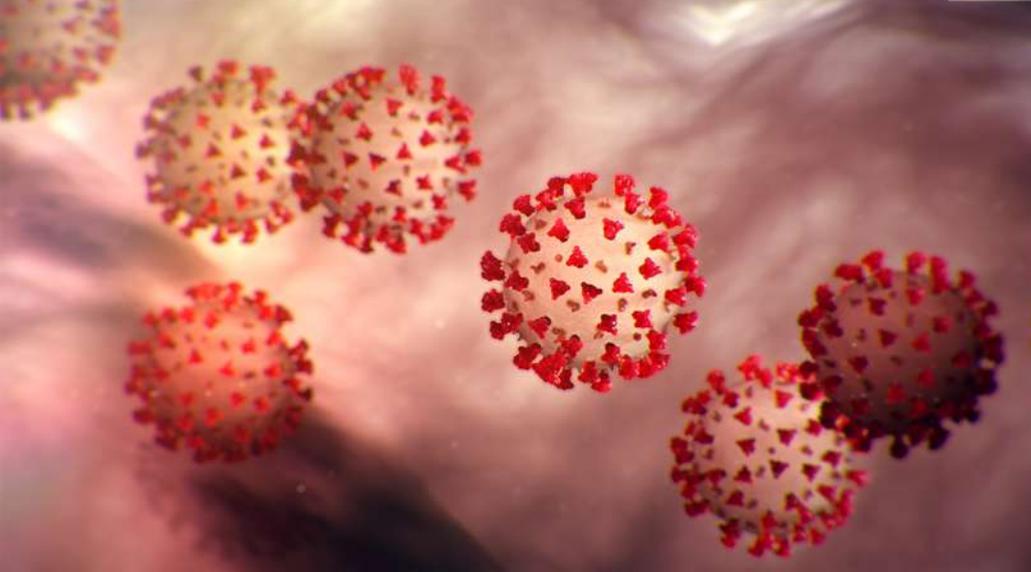
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Happy Doctors Day





Editor's Message

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We have completed more than 18 months in the COVID era, with so many worst incidents and challenging phases. We lost many dear and near ones, including professional colleagues. We are all either in shock or helpless situations. Three things have made us to reckon seriously:

1. Anxiety
2. Fear
3. Uncertainty

Anxiety about contracting COVID disease at any time, anxiety about future, anxiety about our family.

Fear that even simple cold might be COVID infection, hospitalization, fear of disease and its manifestation up to the extent of death.

Uncertainty so that, unbelievable complications with bad prognosis or anytime like "happy hypoxia" may happen, ending with sudden death.

WHO is working tirelessly with partners to develop, manufacture and deploy safe and effective vaccine to protect from this pandemic. Safe and effective vaccines can be a game changing tool, but for the foreseeable future, we must continue wearing mask, cleaning our hands, ensuring good ventilation, physical distancing and avoiding crowds. Being vaccinated does not mean that we can throw caution to the wind and put ourselves and others at risk, particularly because research is still on going, how much vaccines protect not only against disease but also against infection and transmission.



Editor's Message

Homoeopaths are under mayhem or chaos regarding vaccination. To regulate the thought process one should be strenuous enough to take decision and guide others.

One should become strong in three ways to face the worst present pandemic i.e. physically, mentally and emotionally, then you can build safe, strong and healthy society.

The second issue of Homoeo Sandesh has many knowledge-enriching articles on Homoeopathic Management of COVID Cases and related topics.

I thank Dr. S K Tiwari, Dr. Anoop Nigwekar, Dr. Pradeep Kumar Gupta, Dr. Uttam Kumar Shetty. My article on Bell's palsy during COVID is of special food for thought. I thank our beloved editorial board members Dr. Latha Devarajan, Dr. Chiranth, Dr. Trupti Pai, Dr. Anusha Kulkarni and Dr. Tejasvi Patil.

We Homoeopaths have important role as health care providers both at physical and mental plane.

'Health is a state of complete harmony of the body mind and spirit'.

Think positive, stay safe and take care.

***- Prof.Dr.Shreepad Hegde
drsreepad@gmail.com***



PIONEER

Dr. Clemens Von Boenninghausen, M.D. (1785-1864)

- Dr. Boenninghausen was born in Westphalia, Germany. His full name was Clemens Maria Franz Baron Von Boenninghausen.
- He was Baron by inheritance, a lawyer by profession, and an agriculturist by natural inclination.
- Dr. Boenninghausen practiced law for some time also became a judge later.
- Ought to his interest in horticulture, he was made Director of Botanical Gardens at Munster, where he also came to be known as the "Sage of Munster."
- In 1827, he developed purulent tuberculosis for which he did not find any relief from the best orthodox treatment, and the physicians gave no hope of recovery.
- Hence, he wrote a letter to his friend, Dr. A. Weihe, expressing his hopelessness for life and bidding him his last goodbye.
- Dr. A. Weihe was a homoeopath and asked Boenninghausen to try homoeopathic treatment. Fortunately, for Boenninghausen (for homoeopathy), Dr. Weihe cured him.
- Being greatly impressed with his treatment Boenninghausen took deep interest in studying homoeopathy and devoted his remaining years to the cause of homoeopathy.
- During this time, he maintained regular correspondence with Dr. Hahnemann and most of his systematic works concerning homoeopathy were published between 1828 and 1846. He was a regular contributor of articles on homoeopathic subjects to the journals.
- On account of Dr. Boenninghausen's great learning and practice, King Wilhem IV, in July 1843, issued a Cabinet Order bestowing upon him all the rights and immunities of a practicing physician. Dr Boenninghausen died at the ripe age of 79 in 1864.

The outstanding contributions to the advancement of Homoeopathy by Boenninghausen were:

- o **Classification of Characteristic Symptoms**
- o **Compilation of the First Repertory of Anti-Psoric Remedies.**



Prof. Dr. Pradeep Kumar Gupta

Principal, Founder and Chairman

Naiminath Homoeopathic Medical College, Hospital and Research Centre

Agra, UP

The Success Story of a True Covid Warrior

Abstract taken from Webinar on 5th July 2020 and 2nd May 2021 organized by KQHDA

FIRST WAVE COVID PANDEMIC 2020 – An integrated clinical and research study:

The first pandemic that affected our country was during a strict national lockdown last year in April 2020. The virulence and pathogenicity of the virus was much less with a propensity for a psoric and sycotic pace of evolution and progress. It created other challenges at level of psychosocial – biological and economic factors, but relatively the health care was able to stand up to the demand of this pandemic. In this perspective, Dr Pradeep Gupta reached lakhs of patients and helped heal many with the homoeopathic cost effective medicine. As we were affected after many other countries who were reeling in this epidemic, it gave us time to plan our therapeutic strategies.

He conducted a clinical trial of Covid 19 + patients admitted in the isolation wards of F.H. Medical college and Hospital, Agra (designated covid hospital by Govt. of U.P). The team included Homoeopathic Physicians, Investigators, and Allopathic doctors. He created two groups, Clinical Trial group and Control group. The clinical trial was done on total Sample size of 50 symptomatic Covid + patients in the age group of 10 to 80 years of both

genders, who were willing to give written informed consent. The duration was from 5.5.2020 to 4.6.2020.

Persistent Peculiar symptoms, physical general, mental general and characteristic symptoms were noted in each case.

The medicines were selected from a data pool. The symptoms such as Anxiety of future, fear of death, dry cough, restlessness, > rest, < motion, Fever with chills and thirsty were found in most of the sample cases. Based on this finding, the Indicated remedy was given to 28 COVID positive patients. As per totality, Bryonia alba was effective in 25 cases, Arsenic Album in 2 cases, Gelsemium in 1. The control group which had 21 members were given Placebo.

Dr. Pradeep Gupta after this meticulous planning gave the indicated remedy for first 3 days in 200 potency and then increased to 1M after 3 days. Within 72 hours all 28 patients who took the medicines were symptom free and after next 3 days the cases came with negative RTPCR. Patients on placebo were not negative even on

7th Day. This study was well covered in print and social media with 400 million views and in 22 languages. Thereafter a Genus Epidemicus BRYONIA ALBA was given to 60,000 patients with help of 14 NGOs. This included different age groups and equal coverage of both sexes. He also helped few patients on ventilator with Bryonia in frequent doses every 10 minutes to help them recover.

Thus, we had the opportunity of hearing the success story of a true Covid Warrior who integrated clinical, academic and research concepts into his management strategies and more importantly his healing grace with faith in an interdisciplinary multisystem approach helped reached many people in need.

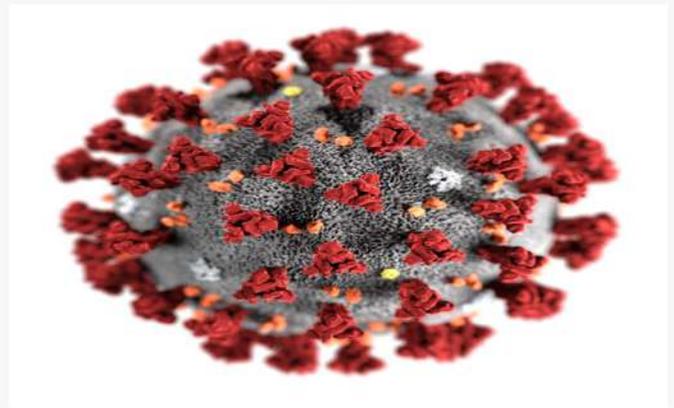
Scientific Study in Second wave:

In a second wave that ravaged our country beginning of March 2021 with its hidden deep violent pathology left a trail of morbidity and many families in grief and a deep-seated fear and anxiety. Under this challenge, Dr Pradeep Gupta came forward with a scientific and research methodology to show the efficacy of our science in this wave too.

Dr Pradeep shared a series of cases with severe pneumonia and how to evolve a clinical and research protocol in advancing pathologies of this mutant strain virus that dominated the second wave. Most of the cases were with severe CT score of 21/25 were treated in IPD and there were many who were also managed at OPD level.

These studies were carried out between 5/4/2021 to 30/4/2021 in both IPD and OPD settings.

127 cases were admitted in IPD and treated with homoeopathy. Out of this, 121 were cured and 2 died and 1 was referred. OPD cases were 4387 and divided into three phases, based on weekly enrollment, and followed up for a month. Along with this, there was an outreach program to over a lakh through telemedicine.



This extensive reach helped him with a meticulous data collection. The predominant cluster of symptoms were persistent fever, dry cough, sore throat, headache, diarrhea, CT score 8/22 and blood markers which were done at regular intervals. IPD cases also had patients admitted with oxygen saturation of 80–90 and few were less than 70.

The indicated remedies were given in 200th potencies at frequent interval of every 10 minutes and then half hourly till recovery in IPD.

The commonly indicated remedies were:

1. Bryonia: Covered majority of patients with a totality of throat dryness, low grade fever with body pain, dry cough, thirst for large quantities of water and headache, <motion.



2. Arsenic alb: Next common remedy, had profound weakness, thirst for little quantity of water, anxiety, restless and burning eyes, loss of smell and early onset of breathlessness. It was also effective in post covid complications.

3. Hepar sulph: Throat pain < uncovering, chilly and oversensitivity with bloody sputum (phosphorus d/d) and tightness in the region of chest.

4. Gelsemium: Dull frontal headache, low grade fever, drowsy thirstlessness.

5. Antim tart: Tightness in chest, heavy rattling but little sputum with cough, thirstless and irritable.

6. Arnica: High grade fever with one side of body hot and other cold, usually the upper part with soreness and severe headache < rest and lying down.

He also shared that the cases varied from region to region and Genus Epidemics requires assessing the cluster of symptoms in an area with a clearcut cross-sectional study. He also emphasized the need for single remedy that covers the totality and in centesimal scale. Thus, his sound clinical and homoeopathic approach in a hospital set up has helped us reach our system in tertiary care that was needed in this wave of epidemic.

Summary – A comparative study and an overview of clinico- pathological and miasmatic correlation in management of Covid 19 pandemic

The second wave that gripped our country left us gasping. The mutant viral strain had a pace that was sudden with a rapid progressive inflammatory and destructive pathology and sudden collapse (tubercular and syphilitic). This wave was unlike the last wave where 95 percent recovered, and many were asymptomatic requiring indicated or chronic remedies to cure. Here only 80 percent showed recovery with mild to moderate symptoms, and as the viral loads increased this number decreased rapidly with 15 percent getting into early cytokine storm and five percent reaching morbidity. It also affected the young adult group in age group 18- 45 years which was different from the first wave that hit 60 plus age groups with comorbidities. In the first few days of the second wave, there were mild symptoms and patients responded to indicated remedies like Bryonia, Arsenic alb, Merc sol, Gels, Pulsatilla (symptoms were fever, headache, skin rashes and diarrhea). In the second wave, many patients did not realize they had Covid.

The next few days were crucial as there was a silent asymptomatic phase or mild to moderate symptoms with disease creating havoc internally with its inflammatory pathogenesis. The disease pace was much faster and destructive compared to the first wave. What was important, was the need to do inflammatory markers – CBC, CRP, DDIMER, **and repeat after 5 days** so you could judge the



pace, pathology and expressions clearly of a disease that was getting into very early cytokine storm (Antim tart, Phos, Kali mur, Ferrum phos were coming up at this stage). Some patients became breathless rapidly (SPO2 <90) and needed oxygen support and here Carbo veg, Camphor, Baptisia, Digitalis were coming up as indicated remedies. Few cases were getting into secondary states of sepsis (Carbolic acid, Pyrogenium). Some had unusually prolonged weakness (China Ars, Gelsemium). Some cases the DDIMER indicative of underlying hemorrhagic diathesis took long to recover (Digitalis, Lachesis, Bothrops)

We also got opportunity to treat few post covid fibrosis cases on patients with severe lung pneumonia (Tub, Carbo veg). In this wave as mentioned earlier the tubercular activity and syphilitic destructive pathology was in the forefront. Finally, the chronic constitution remedy and the individualizing nature of our healing science was the most important tool we used. It required an interdisciplinary and multisystem approach in advancing pathologies of this epidemic to heal. The challenges we faced were in health care sector, that were severely challenged with shortage of beds and testing facilities overburdened and a severe anxiety in public as we saw many families crumbling. Physicians had to go with more reliability on clinical acumen, quick judgement, and fast action to stay ahead of the virus.

We had difficulties with a sudden explosion of cases, so home isolation in a disease that increasingly became airborne from 2 to 60 feet in few minutes was the need of the hour.

Yet Homoeopathy and Homoeopathic physicians have been working and are still working tirelessly along with other systems to reach as many people, educate them on the disease process and pathology, and how to follow S- safe distancing , M- masking , S- Sanitize and help distribute our medicines in every stage of this disease and respecting interdisciplinary and multisystem approaches and knowing this time we need to work together to win this war and save as many lives.

The Pandemic reminds of a famous quote,
***“Rather, ten times, die in the surf,
Heralding the way to a new world is better, than
Stand idle on the shore.”***
.....Florence Nightingale

**Do not miss
the CME by KQHDA
on 1st Sunday of
Everymonth**



Prof. Dr. Shashikant Tiwari MD (Hom)

*Former Director of National Institute of Homoeopathy
Former Principal of Father Muller Homoeopathic College and
Hospital, Mangalore.*

Covid – A Repertorial Approach

The New Coronavirus, COVID 19

The current pandemic Covid-19, a disease caused by a new coronavirus SARS-CoV2 has produced a devastating situation affecting the entire humanity all over the world for more than one and half years. The rare and mischievous health problem which has unpredictable prognosis is damaging the multiple system causing insult to different organs resulting into varied prognosis in different individuals.

A Repertorial approach is one way of coming to a Similimum which is the only sure shot for any homoeopathic treatment resulting into effective result that is cure. For any homoeopathic treatment, individualization of the case is a MUST to find characteristics, the only way to come to a totality. The totality would form the basis of repertorization which provide us a group of medicines and then one medicine would be prescribed for the purpose.

Symptoms

It gives different symptomatology in different individuals depending on various factors lying with the persons affected.

The most common symptoms of COVID-19:

- Fever
- Coryza

- Dry cough
- Fatigue
- Loss of taste or smell
- Sore throat

Other symptoms that are less common and may affect some patients include:

- Nasal congestion
- Conjunctivitis (also known as red eyes)
- Headache
- Muscle or joint pain
- Different types of skin rash
- Nausea or vomiting, Diarrhea
- Chills or dizziness

Symptoms of severe COVID 19 disease include:

- Shortness of breath
- Loss of appetite
- Confusion
- Persistent pain or pressure in the chest
- High temperature (above 38 °C)

Other less common symptoms are:

- Irritability and confusion
- Reduced consciousness (sometimes associated with seizures)
- Anxiety
- Depression
- Sleep disorders



- More severe and rare neurological complications such as strokes, brain inflammation, delirium, and nerve damage
- There are multiple complications arising after the course of this disease, the prominent one being is mucormycotic disease involving different organ in different individuals.

All the above symptoms (though common) are converted into rubrics and a study is made about these remedies covering the symptoms from Homoeopathic Medical Repertory by Robin Murphy. The following group of medicines are found to be covering these symptoms.

We can divide them into the different stages taking into consideration the pathology and symptomatology.

Group of medicines for the initial stage:

Arsenic album, Bryonia alb, Acon nap, Phos, Puls, Gelsemium.

Group of medicines when lungs are involved/ pneumonia:

Arsenic alb, Bryonia alb, Ant tart, Ant ars, Ars iod, Puls, Carbo veg, Phos, Lycopodium.

Group of medicines when oxygen level drops/ critical conditions:

Arsenic alb, Phos, Carbo veg, Vanadium, Ant tart.

Discussion:

It is very much obvious that **Arsenic album, Bryonia alba and Phosphorus** are prominently indicated in all the stages of this viral disease. But one must be careful while selecting one of these medicines because they will have curative effect only when they are indicated that is, selected on the basis of totality. Remedy should be selected on basis of acute totality only for better and quick results.

Note/Conclusion:

- One must remember that any medicine from this group or out of this group may be indicated depending on the indications.
- Importance should be given to concomitants, physical generals and mental generals for selection as well as differentiating remedies.
- Depending on the relationship more than one medicine may be given as alternating or as complementary. Author's own experience in this regard is quite encouraging and successful in treating critical cases. For example, Ars alb and Ant tart may be alternated in case with cold cough, fever leading to wheezing. Ars alb and Phos can be alternated in involvement of chest and pneumonic conditions. Carbo veg and Vanadium may be alternated in cases with diminishing oxygen level with degenerative pathology of lungs.
- In extreme fear of death, Aconite nap can help the patient.
- In some case Aspidosperma Q has also helped to correct the falling level of oxygen



• It is noticed that some of the people who recover from Covid gets into the complication of a fungal infection called mucormycotic diseases mostly affecting sinuses, eyes, lungs etc. it is a deadly disease which can cause permanent damage to these organs. This disease occurs due to compromised functioning of immune system. From homoeopathic point of view, it is a Syco-Syphilitic condition and can be treated by indicated medicines like Ars alb, Phos, Nitric acid, Medorrhinum, Merc sol based on their indications.

• *Author's own experience advocates that the Covid patients should be prescribed Sulph 30, Calc carb 30 and Lyco 30 (each one dose) in successive days on empty stomach in morning immediately after their recovery which would enable them to overcome any complication of covid. These remedies cover all the Miasms and covers most of the constitutional symptoms when administered in succession. Many stalwarts have also recommended this succession to deal with any constitutional crisis.*

Word of Caution:

“Since homoeopathic medicines work only when indicated it would be imperative to acquaint ourselves with few of indications of the mentioned medicines which would help us to prescribe one of these medicines successfully in every individual case.”

KQHDA Activities:

- Free Medical camps conducted regularly for the benefit of suffering mankind.
- Immune Boosters distribute during epidemics as a gesture of social responsibility
- Free CMEs conducted on 1st sunday of every month since 1992 for the benefit of the practitioners and students of homoeopathy.
- Sponsors a Gold medal every year for the topper in Materia medica during the Convocation of RGUHS.
- Organises National Seminar in the month of April every year to commemorate the birthday of Dr. Samuel Hahnemann.

**Come & Join as a
Life-member
of KQHDA....**



Prof. Dr. Shreepad Hegde MD (Hom)

Former Professor, GHMC Bangalore

President KQHDA

Director Tattva Homoeopathic Research Center, Bangalore.

Observational study to validate The Homoeopathic treatment of Bell's Palsy

This article is taken from the Webinar dated 07.03.2021 organized by KQHDA

Bell's Palsy:

Bell's Palsy is a type of facial paralysis that results in a temporary inability to control the facial muscles on the affected side of the face. Symptoms can vary from mild to severe. They may include muscle twitching, weakness, or total loss of the ability to move one and in rare cases, both sides of the face.

One response to severe stress is that the body's immune system is weakened. The weaker the body's immune system, the less functional is the body's system. **A weakened immunity can lead to parts of the body not functioning correctly, such as with Bell's palsy.**

Most people who have an episode of Bell's palsy will completely recover without complications. However, complications may occur in more severe cases of Bell's palsy. There may be damage of the seventh cranial nerve. Bell's palsy is not life-threatening condition, but it can produce symptoms similar to other more serious causes for facial paralysis, such as stroke or tumor like space occupying lesion.

Bell's palsy has also been associated with headaches, chronic middle ear infections, high blood pressure, diabetes, tumors, and Lyme disease among other things according to the National Institute of Neurological Disorders and Stroke.

Bell's palsy affects single nerve, the facial nerve, its symptoms mimic those of a stroke. A stroke is caused by a blood clot that stops blood flow to the brain or by a blood vessel that ruptures in the brain, while Bell's palsy is linked to the facial nerve damage. The facial nerve extends into 5 branches after its exit from the skull, namely, temporal branch, zygomatic branch, buccal branch, mandibular branch, cervical branch.

Causes of Bell's Palsy:

Although exact cause of Bell's palsy is unknown, but many medical researchers believe its most likely triggered by viral infection. Viruses that have been linked to Bell's palsy include viruses that cause; cold sores and genital herpes (herpes simplex) chickenpox and shingles (herpes zoster). Bell's palsy occurs when the seventh cranial nerve becomes swollen or compressed, resulting in facial weakness or paralysis.



The viruses/bacteria that have been linked to the development of Bell's palsy include,

- Herpes Simplex, which causes cold sores and genital herpes.
- HIV, which damages the immune system.
- Sarcoidosis, which causes organ inflammation.
- Herpes zoster virus, which causes chickenpox and shingles.
- Epstein-Barr virus which causes mononucleosis.
- Lyme diseases, which is a bacterial infection caused by infected ticks.

Symptoms of Bell's Palsy:

- The symptoms of Bell's palsy can develop one to two weeks after you have a cold, ear infection, or eye infection.
- They usually appear abruptly, and you may notice them when you wake up in the morning or when you try to eat or drink.
- Bell's palsy is marked by a droopy appearance on one side of the face and the inability to open or close your eye on the affected side. In rare cases, Bell's palsy may affect both sides of the face.

Other signs and symptoms of Bell's palsy include,

- Drooling, Difficulty eating and Drinking.
- Weakness of muscles of facial expression and nasolabial fold and muscle twitches in the face, Weakness of muscles of eyelid, inability to make facial expressions, such as smiling or frowning.
- Dry eye and mouth, irritation of the eye on the involved side.

- Headache and sensitivity to sound.
- Inability to wrinkle both sides of the forehead.
- Reduced lachrymation with ocular erythema/irritation.
- Reduced/lost sensation anterior 2/3rd of tongue.

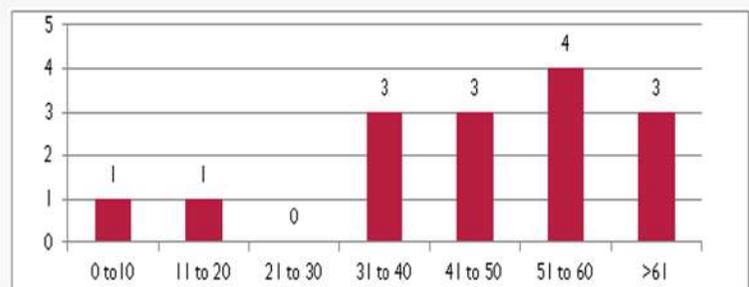
Complications:

Bell's palsy usually resolves in time and causes no long-term complications. However, during the illness most people with Bell's palsy are unable to close their eye on the affected side of their face.

Complications may include irreversible damage to your facial nerve. Abnormal regrowth of nerve fibers. This may result in involuntary contraction of certain muscles when you are trying to move others. For example, when you smile the eye on the affected side may close.

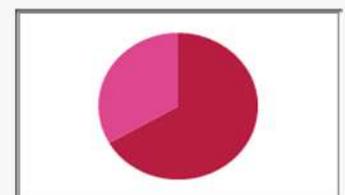
“An Observational Study to Validate the Homoeopathic Treatment of Bell's palsy in a Clinical Setup”

Distribution according to age group:

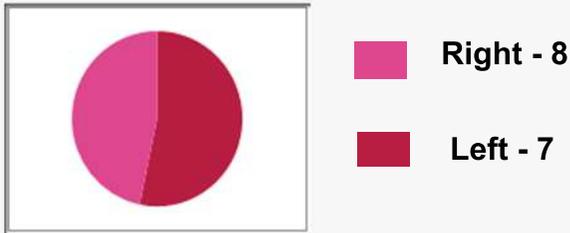


Distribution according to age group:

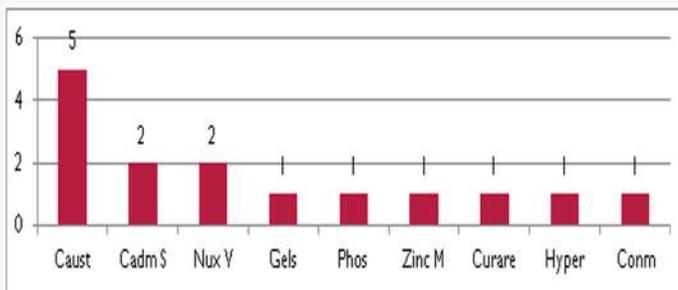
- Females - 5
- Males - 10



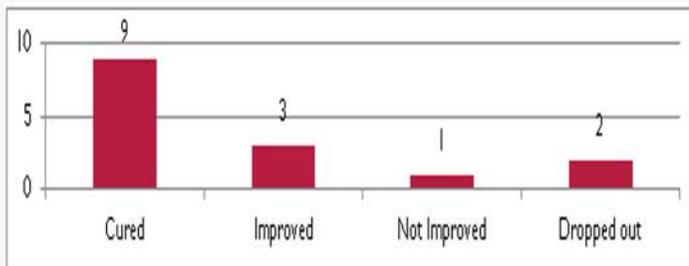
Distribution according to the side affected:



Distribution according to the remedy prescribed:



Outcome of Homoeopathic treatment:



Analysis:

Since the data were categorical in nature 'Sign' test was done to test the hypothesis. The obtained 'p' value is 0.0011, which is 'Highly significant'. This demonstrates that there is evidence to suggest Homoeopathic treatment may be effective in treating Bell's palsy.



BEFORE TREATMENT



AFTER TREATMENT



Conclusion on Bell's Palsy treatment:

This observational study suggests that Homoeopathic treatment is effective in treating Bell's palsy. Interestingly most of these cases were seen during the Covid Pandemic between June to December 2020. This shows that there could be some affinity of the Covid virus towards the facial nerve. A weakened immunity does increase chances of contracting Covid as well as Bell's palsy. More study is needed to substantiate this finding.

The results are promising and quick in recovery. Along with the indicated medicine physiotherapy like massaging, warm applications, and covering of the face with warm clothes is useful. Identify the cause, understand the patho-physiology and the complications, then you can treat the patient confidently. Only some severe organic causes and stroke like manifestation one should be cautious.

If we follow the guidelines of Hahnemann, we can treat with confidence and comfort.

As stated in Organon of Medicine, 6th Edition, Aphorism #18;

"From this indubitable truth, that besides the totality of the symptoms with consideration of the accompanying modalities, nothing can be any means be discovered in disease wherewith they could express their need of aid, it follows undeniably that the sum of all the symptoms and conditions in each individual case of disease must be sole indication, the sole guide to direct us in the choice of a remedy."

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Boenninghausen's journey to master Homoeopathy and offering practical solutions for Homoeopath

Abstract:

The paper tries to explore the journey traversed by Boenninghausen and his professional experiences in creating a solid fundamental philosophy of application of homoeopathic principles to practice.

Dr H. A. Roberts deserves the credit for his contribution to help us convert Boenninghausen's philosophy into a reportorial approach and guide us to the use of the landmark book – The Therapeutic Pocket Book.

Dr M. L. Dhawale added the icing on the cake by demonstrating how we can achieve the same results advocated by Dr Roberts by using modified Boenninghausen's approach.

Boenninghausen's Background & Professional Achievements:

It is vital for a student to study the master in his evolution to understand his teachings. We are attempting to share our understanding of how his various professional engagements went on the develop the concepts he created to be applied in homoeopathy.

Discipline and strength:

His ancestors were in military, a precursor for personal discipline to follow rules and orders. He grew up as child in an open and natural environment, which might have helped him gain physical strength and strong build up during his development, though he joined homoeopathic study late, being bright he covered the ground with a remarkable speed and astuteness.

Study of Law and Administration:

He achieved the degree of Doctor of Civil and Criminal Law. He was nominated to be Auditor to the King, and within fourteen days he achieved post of General Secretary des requêtes. He also served as President of the Provincial Court of Justice. This ensured he inculcated the attitude of justice, valuation of evidence, organization of evidence so that right judgement is delivered.

Librarian:

He worked as Royal Librarian to the King. The job of the Librarian demands the classification of books in a manner so that various titles of the book are classified based on the subject, sub subject, topic etc. Example, Medicine → Homoeopathy → Repertory.



Do visit your college library to gain this experience first-hand, it is amazing how the librarian organises the books and guides you to choose the book in exact cupboard and rack. Study of generalisation and classification are core activities of a librarian.

Topographical bureau, Judicial President of land:

He worked as a Chief of the Topographical Bureau and Judicial President of land. This demands the classification of land and its value according to the texture and location of the piece of land. Hierarchy of evaluation based on defined parameters is what becomes an innate essential quality in the person assigned for the job.

Director of Botanical Gardens at Munster:

As a Director of the Botanical Gardens at Munster he applied his skills of botany the classification of families of plants and flowers. This too essentially demands generalization of a particular. A flower is studied for its features that then is connected to a family of plants who have flowers of similar features.

One observes that various doctrines proposed by Boenninghausen can be traced to the professions he mastered in his journey of life.

Role of his professional background on his doctrines:

The above shared journey of Boenninghausen gives us a fair idea of how he may have evolved some of his doctrines:

- a) Grand generalization
- b) Classification
- c) Evaluation

The doctrine of complete symptom is a master stroke which he extracted from Cicero a lawyer in the court of Julius Ceasar. It is a Hexameter which is described in classic Greek literatures.

He connected the ingredients proposed by Cicero to describe the component of symptoms:

Quis: Personality (constitution, personality)

Quid: Nature and peculiarity of the disease (Sensation and complaints)

Ubi: Seat of the disease (Location)

Quibus auxillis: Accompanying symptom (Concomitant)

Cur: Cause (Ailments from)

Quomodo: Modalities (Disease modifying elements)

Quondo: Time

This became the foundation of Location, Sensation, Modality and Concomitant (LSMC) format which is practical tool to understand and apply the concept of complete symptom.

Application of Philosophy to Repertorization:

Dr H. A Roberts in his masterly manner proposed the use of this LSMC format to ensure that the Practitioner can apply the philosophy using the tool of Therapeutic Pocket Book and arrive at the Simillimum. He demonstrates this experience through five cases which he has worked out in introduction of the Therapeutic Pocket book. It is a treat to study this application of philosophy to practice. One has to take all the locations, all the sensations, all the modalities and all the concomitants that the patient shared.



This process is elaborate and exhaustive. The students of homoeopathy are made to put in their efforts to appreciate this as a part of their curriculum. It is indeed time-consuming method.

Dr M. L. Dhawale a genius in his own right identified a method of overcoming the “time consuming” ingredient of the process. He proposed a modified version of Boenninghausen’s approach in his Principles and Practice of Homoeopathy. He proposed a hierarchy of symptoms beginning from Ailments

from, generalized aggravating modalities (mental and physical), generalized ameliorating modalities (mental and physical), physical generals, mental generals and finally particulars for differentiation.

It is indeed easy method to apply but one must remember that this easy method does not let go off any of the Doctrines of Boenninghausen. Do try to use this and enjoy the success in practice, if any hurdles are experienced do connect with us, we will be happy to be learn along with you.

Examples of cases solved by Dr H A Roberts Approach and Dr M L Dhawale Approach:

CASE 1:

Miss M, Age 21, Female, unmarried, student.

Address: KD, Date of Case Taking: 23-06-2017

<i>Location, ODP Direction Frequency</i>	<i>Sensation Complaints Pathology</i>	<i>A/F Modalities</i>	<i>Concomitants</i>
Nose Mucus Membrane Since 4-5 years Frequency – 1/week Duration – 1-2 hour	Sneezing Coryza – discharge scanty Occ. Nose obstruction	< change of weather < morning < dust	Sleepiness
Eyes	Heaviness		
Head Start from frontal to whole head Since 3-4 years Frequency :3-4/week Occ. One side	Pain	< Morning < Evening < Hunger, Missing meals < Loss of Sleep	Sleepiness



Physical Generals:

Appetite – Good	Craving: Salty+3, Spicy	Aversion: Sweet	Thirst: N
Stool: N	Urine: N	Menses: N	Mild Leucorrhoea < before menses
Sweat – Scanty.	Sleep – Good, Sleepiness++	Chilly patient.	

Mind/Life space:

Patient is student at PTC (teacher's training college), Good at study, she sometimes has stress about study, feels Anticipation about study, etc. She is easily excitable gets angry and emotional. Anger easy and short lasting, < Contradiction. Talkative.

Totality according to Dr H. A. Robert method of Boenninghausen Approach:

Location	Nose Mucus Membranes Eyes Forehead
Sensation and complaints	Sneezing Heaviness
Modalities	Change of weather Morning Evening Fasting Loss of sleep
Concomitants	Sleepiness
Physical generals	Mild leucorrhoea Before menses Cr salt



Repertorization Dr H. A. Robert's method - Boenninghausen Therapeutic Book.

	phos	sep	nux-v	calc	puls	merc	bry	verat	nit-ac	chin	sulph	rhus-t	con	kali-c	cocc	mez	ars	caust	hep	nat-c
Hits	14	14	14	13	13	13	13	13	13	13	12	12	12	12	12	12	12	12	12	12
Grades	40	36	33	41	39	37	30	29	28	25	34	32	29	28	27	27	26	26	26	26
Internal nose	2	2	1	4	3	3	3	3	2	1	2	2	2	3	2	2	1	2	1	1
Inflammations, of the mucous membranes	3	3	4	3	3	4	3	2	2	1	4	1	2	1	2	2	4	1	2	2
Eyeball in general	3	3	3	4	3	3	3	3	2	2	4	3	3	3	1	1	3	3	4	2
Forehead	4	3	4	3	3	4	3	2	2	3	3	2	2	3	4	4	4	2	4	4
Sneezing	2	1	2	2	3	3	3	1	2	3	2	4	2	2	1	1	2	3	2	3
Heaviness, sensation of, of inner parts	4	3	4	2	4	3	2	3	2	3	3	4	2	2	2	3	1	2	1	3
< Change of weather, on	4	1	1	2	0	2	3	1	1	0	2	4	0	0	0	0	1	0	0	1
In the morning	4	3	4	4	1	2	2	3	3	2	2	4	3	3	2	2	1	2	3	3
In the evening	4	4	1	3	4	3	4	1	4	1	3	3	2	3	3	4	3	4	3	3
< Fasting, from [before breakfast]	1	3	2	4	1	1	1	1	1	1	2	2	0	1	0	2	1	1	2	1
< Waking, from, in the night [lack of sleep]	0	1	4	0	2	0	1	0	0	2	0	0	0	0	4	0	0	0	0	0
Sleepiness, concomitant complaints	2	1	1	0	4	2	0	2	3	2	0	2	3	3	1	3	3	0	2	0
Leucorrhoea in general	3	4	1	4	4	4	1	0	2	3	3	0	3	2	3	2	2	1	1	2
Concomitant complaints - Before menstruation	3	4	1	4	4	3	1	4	0	1	4	1	3	2	2	1	0	2	1	1
Desire for salty things	1	0	0	2	0	0	0	3	2	0	0	0	2	0	0	0	0	3	0	0

Dr M.L. Dhawale's modified approach:

Repertorial Totality:

- < Morning (available in both complaints)
- Sleepiness as concomitant (concomitant available in both complaints)
- Craving for salt+3 (marked physical general)
- Excitable, sensitive and talkative nature

Repertorization M. L. Dhawale's Method- Boenninghausen's Therapeutic Book

	con	phos	verat	nit-ac	ant-t	croc	ph-ac	calc	kali-c	nat-m
Number of Hits	4	4	4	4	3	3	3	3	3	3
Sum of Grades	11	11	11	10	11	10	10	9	9	9
In the morning	3	4	3	3	3	4	3	4	3	4
Sleepiness, in the daytime in general	3	4	3	2	4	4	4	3	3	2
Sleepiness, concomitant complaints	3	2	2	3	4	2	3	0	3	3
⊕ Desire for salty things	2	1	3	2	0	0	0	2	0	0



Easy excitability, Talkativeness, favored Phosphorus than Con, Nit-ac, Verat. and guided to select PHOSPHORUS.

Phos 200 one dose at bedtime was given on the day of consultation.

Both complaints significantly relieved. After 3 weeks complaints relapsed but relieved+3 with repetition of Phos 200 2nd dose.

Then after patient got better. No medicine was repeated.

CASE 2:

Mast RB, Age: 4years old, Male child, Address: JN

Date of case taking: 08-05-18

Location	Sensation	Modalities	Concomitants
Skin Forearm Both thighs Back+++ Since 1- 2 months.	Fine clustered erythematous eruptions Itching +++	>Cold bathing 2 < morning 2	

Physical generals:

App- N	Cr – spicy+2 Cr – sour+2	Thirst – N	Stool – N
Urine – N	Sweat – easy+3 Especially scalp, back	Thermal – HOT	Sleep – sleep on abdomen

Mind:

Fear – dark+2, Likes animal+2, mixes easily.

Milestone – N

Birth History: NAD



Totality according to H A Robert's Method for Boenninghausen's approach:

Location	Skin Forearm Thighs Back
Sensation and complaints	Eruptions Itching
Modalities	> cold bathing < morning
Concomitants	
Mental & Physical generals	Cr spicy, sour Sweaty Sweat scalp and back Sleep on abdomen HOT Fear dark

Repertorization with H.A. Robert's Method – Boenninghausen's therapeutic Pocket Book:

	ign	sep	puls	verat	kali-c	stram	ant-t	sulph	calc	bry	nux-v	carb-v	cham	spig	bell	spong
Hits	13	12	12	12	12	12	12	11	11	11	11	11	11	11	11	11
Grades	25	36	29	29	26	23	19	34	30	28	26	25	25	25	23	22
Forearm	1	2	1	1	1	2	1	2	4	1	2	1	1	3	1	2
Back	2	4	4	3	3	2	1	4	4	2	4	3	2	2	4	2
Thigh	2	3	2	1	2	1	1	2	2	2	3	3	2	3	2	3
Eruption - in general	2	4	3	2	3	1	1	4	4	3	2	3	2	2	2	2
Eruption - itching	3	4	2	2	3	1	3	3	1	3	2	2	3	2	1	2
Itching - in general	2	3	4	2	3	1	1	4	2	3	2	2	1	3	2	4
In the morning	3	3	1	3	3	3	3	2	4	2	4	4	1	2	2	1
> Cold, on getting	1	1	4	3	1	0	1	3	1	3	1	2	3	2	1	2
Desire for acid things	2	2	2	4	2	3	1	3	0	3	0	0	3	0	0	0
Perspiring easily [great inclination to perspire]	1	4	1	2	3	2	3	4	3	3	2	1	0	1	2	1
Perspiration, on the upper part of the body	2	3	0	3	1	1	2	0	0	0	1	1	4	3	0	1
Position during sleep, lying on the belly	1	0	1	0	0	3	0	0	2	0	0	0	0	0	3	0
Anxiety [anguish, fear, insecure feeling]	3	3	4	3	1	3	1	3	3	3	3	3	3	2	3	2



Totality as per M. L. Dhawale's Method for Boenninghausen's approach:

- Morning agg. (time modality)
- Cold bathing amel.(characteristic modality)
- Desire sour food (physical general)
- Desire spicy food (physical general)
- Perspiration easy (physical general)
- Perspiration – head, back and abdomen (physical general)
- Sleep position on abdomen (physical general)
- Fearful (mental symptom/general)

Repertorization with M.L. Dhawale's Method – Boenninghausen's therapeutic Pocket Book:

	verat	sulph	sep	puls	bry	cham	stram	ign	kali-c	phos	lyc
Grand Total	31	26	25	25	25	25	24	23	20	20	20
Number of Hits	6	5	6	6	5	5	6	7	6	5	4
Sum of Grades	18	15	16	13	14	14	15	13	11	11	12
Difference of Polarities	+7	+6	+3	+6	+6	+6	+3	+3	+3	+4	+4
In the morning	3	2	3	1	2	1	3	3	3	4	2
⊕ > Cold, on getting	3	3	1	4	3	3	0	1	1	1	4
⊕ Desire for acid things	4	3	2	2	3	3	3	2	2	3	0
Perspiring easily [great inclination to perspire]	2	4	4	1	3	0	2	1	3	1	3
Perspiration, on the upper part of the body	3	0	3	0	0	4	1	2	1	0	0
Position during sleep, lying on the belly	0	0	0	1	0	0	3	1	0	0	0
Anxiety [anguish, fear, insecure feeling]	3	3	3	4	3	3	3	3	1	2	3

Puls was selected on the basis of Hot patient, eruption > cold, fearful nature for this child.

Rx:

Pulsatilla 200 3P was prescribed. After a week when patient came the complaints had resolved by 50%. Placebo was prescribed.

The patient was observed on placebo for 2 more months as the lesions progressively disappeared.



Learning:

- Boenninghausen's philosophy even today is easy to apply in clinical practice.
- Applying appropriate tool which stands on the philosophy, ensures the right Simillimum is identified.
- Application of philosophy using the right tool needs a right approach. In this paper we demonstrated it through two approaches – one proposed by Dr H. A Roberts and another proposed by Dr M. L. Dhawale.

- What one realizes is, if we follow the instructions of these two masters, we are able to reach the same goal – the right remedy.
- Dr Dhawale's method ensures quicker, faster reaching of the goal. In first case it required only 4 rubrics against Robert's demand of 15 rubrics, in second case it required only 7 rubrics against Robert's demand of 13 rubrics.

Launching of "KQHDA Homoeo Sandesh"

Karnataka Qualified Homoeopathic Doctor's Association celebrated the 266th Birthday of Dr Samuel Hahnemann in a ceremonious way by organizing a virtual National Seminar on 18th April 2021.

The celebration was inaugurated by Dr S Sacchidanand, Vice Chancellor RGUHS. Dr Sacchidanand congratulated KQHDA on its first E-magazine. He welcomed Homoeopathy "as need of the hour" and its principles of "like cures like". He encouraged this holistic science as one of the solution for the present COVID situation and many more pandemics.

Dr Anil Khurana, CCRH Director General, launched the E magazine, "Homoeo Sandesh". He shared the research work done in the last one year on Homoeopathic Management of COVID, in collaboration of many institutes with CCRH, that Arsenic Album, Bryonia Alba,

Phosphorus as the commonly indicated remedies in this pandemic.

Dr Anil Khurana requested Homoeopathic practitioners to contribute to the research on COVID management by uploading the COVID treated cases on the CCRH website.

This Homoeo Sandesh is a special issue on interesting articles on COVID management by Dr Anil Khurana, Dr Kumar Dhawale, Dr Manoj Patel, Dr Dilip Dixit, Dr Andre Saine, edited by KQHDA Editorial Board and Chief Editor Dr Shreepad Hedge.

Dr Praveen Kumar Suvarna, Former Principal of JIMS college Hyderabad, was the resource person for the seminar. He presented interesting pathological cases treated by Homoeopathy.

The zoom platform was fullhouse and event was also viewed on Facebook.



ಡಾ. ಉತ್ತಮ್ ಕುಮಾರ್ ಶೆಟ್ಟಿ

ಹೋಮಿಯೋಪತಿ ವೈದ್ಯರು

ಕುಂದಾಪುರ

ಒಂದು ಮಾತಿದೆ 'ರವಿ ಕಾಣದ್ದನ್ನ ಕವಿ ಕಂಡ' ಅದರ ಸತ್ಯಾಸತ್ಯತೆಯನ್ನು ನಮ್ಮಚಿಕಿತ್ಸಾ ಪದ್ಧತಿಯಲ್ಲಿ ನೋಡಬಹುದು. ಇದಕ್ಕೆ ನಿರ್ದೇಶನವಾಗಿರುವ ಒಂದು ರೋಗ ಪ್ರಕರಣವನ್ನು ನಿಮ್ಮೆದುರು ನೀಡಬಯಸುತ್ತೇನೆ.

ಹೆಸರು- ಶ್ರೀಯುತ.....

ಲಿಂಗ- ಗಂಡಸು

ವಯಸ್ಸು- 65

ವೃತ್ತಿ- ಕೃಷಿಕ

ರೋಗ ಚರಿತ್ರೆ- ಮೈ ತುರಿಕೆ, ಸುಮಾರು 2 ವರ್ಷಗಳಿಂದ ಮೈಯಲ್ಲಿ ಕಜ್ಜಿಯ ಲಕ್ಷಣಗಳೇನು ಇಲ್ಲ. ಆದರೆ ತುರಿಕೆ ಬಂದಾಗ ಗಂಧೆ ತರಹ ಕಾಣಿಸಿಕೊಳ್ಳುತ್ತದೆ. ತುರಿಕೆ ಕಮ್ಮಿಯಾದ ಸ್ವಲ್ಪ ಹೊತ್ತಿನ ನಂತರ ಗಂಧೆ ಮಾಯವಾಗುವುದು. ಇಲ್ಲಿ ರೋಗಿಯ ಪ್ರಕಾರ ಸೊಳ್ಳೆ ಕಚ್ಚುವುದರಿಂದ ತುರಿಕೆ ಬರುತ್ತದೆ. ಆದರೆ ನೋಡಿ ಡಾಕ್ಟ್ರಿ ಸೊಳ್ಳೆ ನನಗೆ ಮಾತ್ರ ಕಚ್ಚುತ್ತದೆ ! ಮನೆಯವರಿಗೆ ಯಾರಿಗೂ ಕಚ್ಚುವುದಿಲ್ಲ. ನನ್ನನ್ನೇ ಯಾಕೆ ಹುಡುಕಿ ಕಚ್ಚುತ್ತದೋ ಗೊತ್ತಾಗುವುದಿಲ್ಲ ? ಯಾವ ಸಮಯದಲ್ಲಿ ಜಾಸ್ತಿ ಕಾಣುತ್ತದೆ ಎನ್ನುವ ಪ್ರಶ್ನೆಗೆ ರಾತ್ರಿ ಮಲಗುವಾಗ.

ರೋಗಿಯ ವೈಯಕ್ತಿಕ ವಿವರ :

ದೊಡ್ಡ ಅಡಿಕೆ ಕೃಷಿಕ , ಶ್ರಮ ಜೀವಿ, ನಿತ್ಯ ತೋಟದಲ್ಲಿ ಕೆಲಸ ಮಾಡುವ ವ್ಯಕ್ತಿ . ಸುಖೀ ಸಂಸಾರ ಮೂರು ಜನ ಮಕ್ಕಳು. ಮಕ್ಕಳಿಗೆಲ್ಲ ಮದುವೆ ಆಗಿದೆ. ಒಬ್ಬ ಮಗ ತಂದೆಯ ಜೊತೆಗೆ ತೋಟ ನೋಡಿಕೊಳ್ಳುತ್ತಾನೆ. ಅವಿಭಕ್ತ ಕುಟುಂಬ ಯಾವುದೇ ವೈಮನಸ್ಸು ಇಲ್ಲದ ನಮ್ಮದಿಯ ಜೀವನ.

ದುರಭ್ಯಾಸ- ವೀಳ್ಯದ ಜೊತೆಗೆ ತಂಬಾಕು ಸೇವನೆಯ ಚಟ.

ಪೂರ್ವ ಚರಿತ್ರೆ- ಮೂತ್ರಪಿಂಡದಲ್ಲಿ ಕಲ್ಲು ಬೆಳೆಯುವ ತೊಂದರೆ ಈಗ ಹೋಮಿಯೋಪತಿ ಔಷಧದ ಬಳಕೆಯಿಂದ ಆ ಸಮಸ್ಯೆ ಕಾಣಿಸುತ್ತಿಲ್ಲ.

ಪ್ರಯೋಗಾಲಯದ ಪರೀಕ್ಷೆ-

ರಕ್ತದಲ್ಲಿ ಸಕ್ಕರೆಯ ಪ್ರಮಾಣ ಖಾಲಿ ಹೊಟ್ಟೆಯಲ್ಲಿ - 98mg

ಬಿಳಿ ರಕ್ತ ಕಣದಲ್ಲಿ ಈಸನೋಪಿಲ್ 9%

ಉದರದ ಸ್ಕ್ಯಾನಿಂಗ್ ಪರೀಕ್ಷೆ:- ಸಣ್ಣ ಪ್ರಮಾಣದಲ್ಲಿ ಪಿತ್ತಜನಕಾಂಗ ದೊಡ್ಡದಾಗಿರುವುದು ಮತ್ತು ಕೊಬ್ಬಿನ ಶೇಖರಣೆ ಪ್ರಥಮ ಹಂತದಲ್ಲಿರುವುದು.



ತಾ.08-06-2014--

ಸಲ್ಪರ್- 30ನೇ ಸತ್ವದಲ್ಲಿ -7 ದಿನ ಬೆಳಿಗ್ಗೆ .

ತಾ.25-06-2014--

ಸ್ವಲ್ಪ ಮಟ್ಟಿನ ಪ್ರಯೋಜನ -- ಸಲ್ಪರ್- 200ನೇ ಸತ್ವದಲ್ಲಿ -5 ದಿನ ಬೆಳಿಗ್ಗೆ.

ತಾ.10-07-2014--

ಯಥಾ ಸ್ಥಿತಿ--

ಕಲಾಡಿಯಮ್ -30ನೇ ಸತ್ವದಲ್ಲಿ ದಿನದಲ್ಲಿ ಎರಡು ಬಾರಿ 10 ದಿನ

25-07-2014

ಯಥಾ ಸ್ಥಿತಿ

ತುರಿಕೆ ಪ್ರಾರಂಭವಾಗುವ ಮೊದಲು ಚುಚ್ಚುವ ಅನುಭವ--

ಏಪಿಸ್ ಮಲಿಫಿಕಾ-- 200 ದಿನದಲ್ಲಿ ಎರಡು ಬಾರಿ 7 ದಿನ

ತಾ. 10-08-2014

ಯಥಾ ಸ್ಥಿತಿ--

ಇತರ ಲಕ್ಷಣಗಳ ಆಧಾರದ ಮೇಲೆ - ಡಲ್ಮಮಾರ್, ಹೆಪಾರ್ ಸಲ್ಪ, ಅರ್ಜಿಕಾ ಯುರೆನ್ಸ್, ದೇಹದ ಪ್ರಕೃತಿಯ ಆಧಾರದ ಮೇಲೆ ಫಾಸ್ಫರಸ್ ಹೀಗೆ 6 ತಿಂಗಳ ತನಕ ಚಿಕಿತ್ಸೆ ಮುಂದುವರೆಯಿತು. ಹೇಳಿಕೊಳ್ಳುವಂತಹ ಯಾವುದೇ ಬದಲಾವಣೆಗಳು ಕಾಣಿಸಲಿಲ್ಲ.ಅಪರೂಪಕ್ಕೊಮ್ಮೆ ಮೆಟೀರಿಯಾ ಮೆಡಿಕಾ ಓದುವ ಅಭ್ಯಾಸವನ್ನು ಬೆಳೆಸಿಕೊಂಡಿದ್ದ ನಾನು ಬೊರಿಕ್ ಮೆಟೀರಿಯಾ ಮೆಡಿಕಾ ಓದುವಾಗ ಕಾರ್ಡಸ್ ಮರಿಯಾನಸ್ ಔಷಧ ಚಿತ್ರಣದಲ್ಲಿನ ಒಂದು ವಾಕ್ಯ ನನ್ನ ಗಮನ ಸೆಳೆಯಿತು.ತುರಿಕೆ ರಾತ್ರಿ ಮಲಗುವ ವೇಳೆಯಲ್ಲಿ ಇದನ್ನೆ ಆದರಿಸಿ ಮತ್ತು ರೋಗಿಯ ಉದರದ ಸ್ಕ್ಯಾನಿಂಗ್ ಪರಿಶೀಲನೆಯಲ್ಲಿ ಕಂಡು ಬಂದ ಪಿತ್ತಜನಕಾಂಗ ದೊಡ್ಡದಾಗಿರುವುದನ್ನು ಗಮನಕ್ಕೆ ತೆಗೆದುಕೊಂಡು ಕಾರ್ಡಸ್ ಮರಿಯಾನಸ್ ಮೂಲದ್ರವದ ರೂಪದಲ್ಲಿ 20 ಹನಿಗಳಂತೆ ದಿನದಲ್ಲಿ ಎರಡು ಬಾರಿ ನೀಡಲಾಯಿತು.

15 ದಿನಗಳ ನಂತರ ಬಂದ ನನ್ನ ಗ್ರಾಹಕ ಮಿತ್ರರು ಒಂದು ಬಾಳೆಹಣ್ಣಿನ ಗೊನೆಯನ್ನು ತೆಗೆದುಕೊಂಡು ಬಂದು ನನ್ನ ಚಿಕಿತ್ಸಾಲಯದಲ್ಲಿ ಇಟ್ಟು ನಮಸ್ಕರಿಸಿ ಹೇಳಿದರು ಡಾಕ್ಟರ್ ಈ ಔಷಧದಲ್ಲಿ ನನಗೆ ತುಂಬಾ ಪ್ರಯೋಜನವಾಯಿತು. ನನ್ನ ಕುಟುಂಬದವರೆಲ್ಲ ನನಗೆ ಮಾನಸಿಕ ಎಂದು ಹೇಳುತ್ತಿದ್ದರು. ನನಗೀಗ ಮನಸ್ಸು ಹಗುರವಾಗಿದೆ ನೆಮ್ಮದಿಯಿಂದ ನಿದ್ರೆ ಮಾಡುತ್ತಿದ್ದೆನೆ ಎಂದರು.

ಹಾಗೆಯೇ ಸ್ವಲ್ಪ ದಿನಗಳ ಕಾಲ ಮೂಲದ್ರವವನ್ನು ಮುಂದುವರೆಸಿ ನಂತರ ಕಾರ್ಡಸ್ ಮರಿಯಾನಸ್ 30ನೇ ಸತ್ವದಲ್ಲಿ ಪ್ರಯೋಗಿಸಿ ಚಿಕಿತ್ಸೆಯನ್ನು ನಿಲ್ಲಿಸಿದೆ. ಇಂದಿಗೂ ಅವರು ಇತರ ತೊಂದರೆಗಳಿಗೆ ಬರುತ್ತಿದ್ದಾರೆ ಆದರೆ ತುರಿಕೆಯ ತೊಂದರೆ ಆ ಮೇಲೆ ಅವರನ್ನು ಬಾಧಿಸಲಿಲ್ಲ.

ಹೋಮಿಯೋಪತಿ ವೈದ್ಯ ಪದ್ಧತಿಯ ಆಧಾರ ಸ್ತಂಭಗಳಲ್ಲಿ ಒಬ್ಬರಾದ ಜೆ.ಟಿ.ಕೆಂಟ್ ರ

ಹೇಳಿಕೆ ದಿನಕ್ಕೊಂದು ಔಷಧದ ಚಿತ್ರಣವನ್ನು ಓದು ಭಾನುವಾರ ಎರಡನ್ನು ಓದು ಎನ್ನುವುದು ಇಂದಿಗೂ ಪ್ರಸ್ತುತ.



From Nature.
For Health.

Protection against acute
& chronic liver disorders

Alpha-Liv™

Liver Tonic & Drops

For common liver disorders

- Improves the functional efficiency of the Liver
- Liver cirrhosis, jaundice and gallstones; alcohol liver damage
- Indicated in fatty liver and sluggish liver



Composition:
Each 100 ml contains:

Carduus marianus	ø	10%
Hydrastis canadensis	ø	1%
Acidum citricum	1x	5%
Chelidonium majus	ø	2%
Podophyllum peltatum	ø	1%
Andrographis paniculata	ø	5%
Ipecacuanha	ø	1%
Excipients Q.S.		
Alcohol content	v/v	11.5%

Dosage:

Unless otherwise prescribed, 1-2 teaspoon thrice daily. Children should be given half the adult dose.



NEW LAUNCH



Composition:

Acidum citricum 3X	20%
Andrographis paniculata 3X	20%
Carduus marianus 3X	40%
Chelidonium majus 3X	8%
Hydrastis canadensis 3X	4%
Ipecacuanha 3X	4%
Podophyllum peltatum 3X	4%
Excipients Q.S.	

Dosage:
10-20 drops 2-3 times a day.

For the use of a Registered Medical Practitioner or a Hospital or a Laboratory only.

Correct the digestive system naturally with...

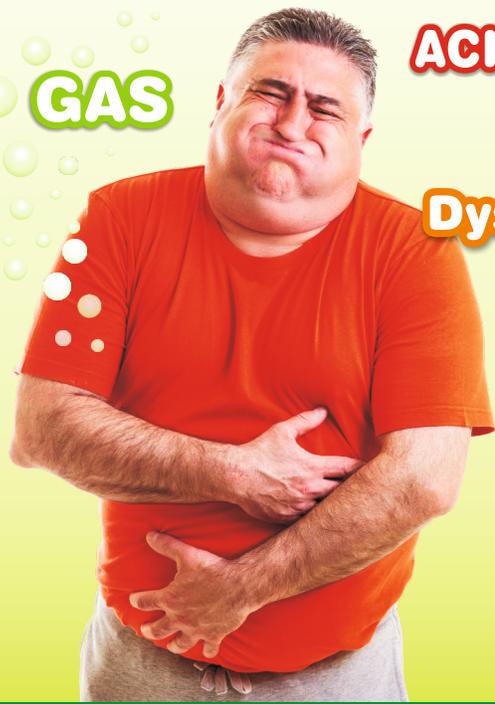
GAS

ACIDITY

Dyspepsia

Dizester®

DIGESTIVE TONIC



- Improves impaired digestion
- Useful in dyspepsia, deranged digestion & flatulence
- Prevents gastric troubles after excessive eating

Composition:

Foeniculum vulgare Ø	3%	v/v
Mentha piperita Ø	3%	v/v
Nux moschata Ø	2%	v/v
Zingiber officinalis Ø	2%	v/v
Asafoetida Ø	2%	v/v
Carum carvi Ø	2%	v/v
Terminalia arjuna Ø	1%	v/v
Excipients Q.S.		
Alcohol content	11.9%	v/v

SUGAR FREE



Dosage:
1-2 teaspoon 2-3 times daily, ½ teaspoon every 1-3 hours during acute indigestion. Children should be given half of the adult dose.

Dr. Willmar Schwabe India
From Nature. For Health.



Available in: 100ml, 200ml & 500ml

'BRAINVITA'

Stimulate your grey matter



Identify the plant and give its Botanical name?



Diagnose the disease?

Identify the drug, mention its common name?

1. Chronic effects of Mechanical injuries
2. Bruised soreness of the affected parts
3. Long lasting haemorrhage from extraction of teeth
4. Nosebleed ameliorates headache
5. I am Aconite of the venous Capillary system.



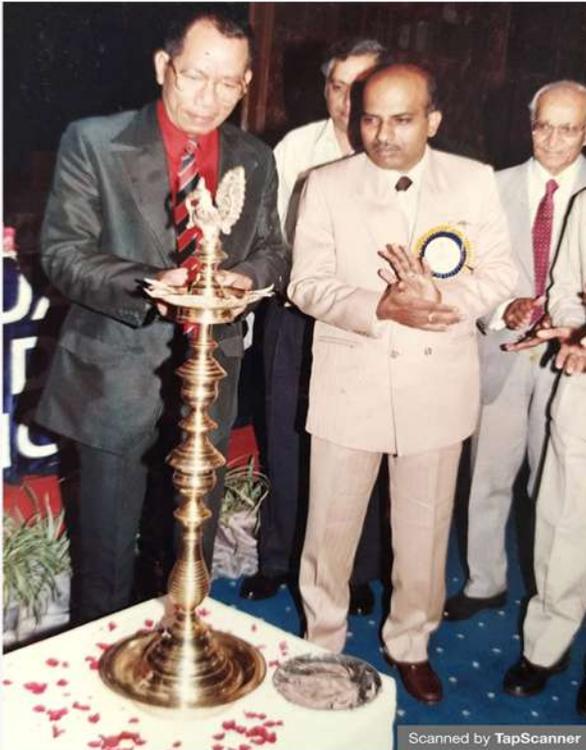
Identify the Pioneer?

Please send us your answers with your Full name and Address by email to kqhda1992@gmail.com (before 10th of July 2021)

First 5 winners name will be announced in our next Issue.

PHOTO GALAXY

Memories



Dr. H.T. Sangliyana inaugurating The World Homeopathy DAY IN 1999



The Former Governor of Karnataka Sri Kurshid Alam Khan and the Former Health Minister Dr. A. B. Malaka Reddy inaugurating The World Homeopathy Day in 1997



Dr. B.T. Rudresh, President of KBHSM and Dr. Madan N. inaugurating The World Homeopathy Day 2013