



# KQHDA HOMOEOPATHIC SANDESH



KARNATAKA QUALIFIED HOMOEOPATHIC DOCTORS' ASSOCIATION®

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## Editor's Message

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Homoeopathic remedies are safe for children to take and can be used alongside conventional medication (complementary) or as an alternative option. Children often respond very quickly to homoeopathic treatment, and these are easy to administer as drops. Children cope well with remedies given as powders, granules or little pills to suck. Homoeopathy can provide useful support throughout different stages of childhood. The child's constitution naturally evolves as the challenges of growing up are met. Parents can often describe their child's characteristics very clearly to the Homoeopath, helping the Homoeopath in understanding the children with holistic Homoeopathic approach.

The number of patients using complementary medicines, including Homoeopathy, are growing worldwide, despite the lack of good quality evidence for efficacy and safety. Children at all ages and stages are vulnerable to seasonal colds and cough. Exposing them to antibiotics for every bout leaves them with ill effects and disturbs their natural immune response. For children it is best to employ a natural and safe method of treatment that not only tackles their infection mildly and gently, but also enhances their immune system in due course. Homoeopathy is such a natural system of medicine with no side effects for the children. Children are exposed to a multitude of infectious agents every day. Growing children are naturally curious and may encounter harmful substances in their zeal to explore their world. It is essential that children's immunity be developed fully and strongly so that their chances of contracting infections is minimal. Along with healthy and balanced diet rich in nutrients the role of Homoeopathic medicines is also significant.



Children are sensitive to even a small amount of medicine and therefore knowing the correct dosage and repetition of medicine is necessary. Often colds and cough may be accompanied by fever. This is because when the body gets infected, it tries to kill off the disease-causing bacteria in the bloodstream by raising the body temperature. Thus, fever is a natural defensive response of the body and should not arouse panic in parents. If your child has cold and cough with fever consult a qualified Homoeopathic physician; Homoeopathic medicines not only lower the temperature but treat the infection leading to a natural recovery. Not only in fever but also in many diseases Homoeopathy works wonder in Paediatrics.

There is strong belief and apprehension that children may contract Covid infection badly in third wave. During second wave of pandemic, along with other family members, majority of children got contracted with covid infection. Due to that they have developed antibodies against covid. Thus, herd immunity might have developed in cluster of children.

I appreciate the contribution of Prof. Dr. Mukthinder Singh, Dr.Prachi Karandikar, Dr.Madhuri Vaidyeshwar and Dr Arathi Sundaresh to make this issue more enriching in the management of Paediatric cases. I acknowledge all the editorial team members for their positive contribution to bring third issue of KQHDA Homoeo Sandesh.

***- Prof. Dr.Shreepad Hegde***

The authors are solely responsible for the views expressed in their articles.



## PIONEER



### **JAMES TYLER KENT (1849-1916)**

*Born: 1849, March 31st, Woodhull, New York state, USA to parents Stephen Kent and Caroline*

*Died: 1916, June 16th, Stevensville, Montana after suffering from catarrhal bronchitis and Bright's disease.*

#### **EDUCATION:**

- Primary Schooling - Franklin School Prattsburg
- Secondary Education - Woodhull Academy
- Graduation - Madison University at Hamilton, New York state - Ph. Degree.(1868)
- Medicine - Bellevue Medical College - Passed exams brilliantly and qualified as Doctor of Medicine. (1870)
- Attended courses of lecture - Eclectic Medical Institute at Cincinnati, State of Ohio.(1873)

#### **HOMOEOPATHIC JOURNEY:**

Kent's first wife Ellen died shortly after marriage at the tender age of 19.

He married again and his 2nd wife, Lucy became seriously ill in 1878. She was bedridden for months with nervous weakness, anaemia and Insomnia with no cause elicited. Her condition worsened and no system of medicine could help her, a Homoeopath, Dr Richard Phelan, an old homoeopath cured her. Kent was deeply impressed by the results and felt the need to know more about this system of medicine, Homoeopathy. Under the guidance of Dr Phelan, he learned the basic principles of Homoeopathy.

He started with low potencies and later started with higher potencies from 30th to CM potencies. The astonishing results of Podophyllum 30 in a dangerously ill child made Dr Kent realize the power of potentized medicines. He found that one potency was not sufficient for chronic cases unlike acute cases. In treatment of Chronic cases, the potency has to be increased to achieve cure. Once the action of 30th potency is exhausted, the next potency should be prescribed and so on till cure is achieved.

Being an ardent student of Hahnemann's Organon and other works of Homoeopathy, the learning and results in Homoeopathy made him move completely from Eclectic to Homoeopathy.

#### **PROFESSIONAL CAREER:**

He resigned from Eclectic Medical Association in 1879 and joined various Homoeopathic Medical Colleges from 1883 to 1903, such as Missouri Homoeopathic College, Dunham Homoeopathic Medical College, Hering's Medical college.



## **PUBLICATIONS:**

- Repertory of the Homoeopathic Materia Medica (1877).
- What the Doctor Needs to Know in Order to make a Successful Prescription (1900).
- Lectures on Homoeopathic Philosophy (1900).
- Lectures on Homoeopathic Materia Medica. (1904). From his lectures on remedies from Hering's Guiding symptoms of our Materia Medica.
- Lesser writings, Clinical cases, New remedies, Aphorisms and Percepts (1926).

His Lesser writings have many amazing cases, one of them is a case of **“Fibroid Recurrent” cured by Silicea in High potency.**

*Frank.H, a compositor in Globe-Democrat office, St.Louis came to my office to have tumour removed by knife. It had been removed twice and was called recurrent fibroid. It was size of hen's egg....very hard, located in left side of neck, not connected with parotid, though growing little bit below it, I advised him to give me time to prepare him for removal, I took his symptoms .... he was better by wrapping up over the head. He was timid in going into a new enterprise, though abundantly able to perform task. He lacked confidence in his own ability. Yet when he had begun he would do well. He took Silicea 5m on April 1st,1833. Six weeks later he was called, and tumour was reduced one half, Silicea 72M dry one dose, six weeks later almost gone. January 23rd 1884, Silicea 72M one dose was given and the tumour had disappeared.*

## **OUTSTANDING CONTRIBUTIONS:**

- Dr Kent is looked upon as one of the best teachers and exponents of the Homoeopathic school of America.
- Only Homoeopath to contributed vastly to the system in the three fields-Philosophy, Materia Medica and Repertory.
- More systematic work of the Repertory than any previous authors-systematically indexed.
- Developed pictures of Constitutional types of patient i.e Sulphur as “the ragged philosopher.”
- Later his student Margaret L Tyler, developed his ideas of constitutional pictures of remedies and wrote a book ‘Homoeopathic Drug Pictures.
- One of the Best contributions is his observations; ‘KENTS 12 OBSERVATIONS’ in his Lectures on Homoeopathic Philosophy.
- Pioneered and advocated potencies made on Centesimal scale, the “Use of Highly Potentised remedies” 200 and above for chronic cases.
- Advocated Single remedy prescription.
- Emphasis on “Mental” and “General symptoms” in Chronic cases.
- Discovered the “THEORY OF OCTAVES” Prescribing by increasing potencies from 30th to MM potencies in treatment of chronic cases.
- Wait and watch principle, to wait till further improvement from previous dosage is exhausted.



**Prof. Dr. Muktinder Singh. M.D.(Hom)**  
Director, Homoeo Care  
Ludhiana, Punjab

## *A case of Mild Autism with Delayed Speech and Right Sided Hernia Cured with Homoeopathy*

A 4-year child was brought by Parents with chief complaint of Right Sided Hernia which developed recently since 1 month.

Parents are noticing that he is mildly autistic and doesn't respond when called for. Speech is also not very clear, only utters few words compared to other children in family of his age or younger who are speaking better than him.

After taking History and observation, following information was extracted from case.

**Chief Complaint :** Right inguinal hernia since 1 month  
: Speech is unclear  
: Hearing is less  
: Appetite is less

**H/O/C/C :** Speech is not clear; says ma, pa  
- Hearing is less  
- Right inguinal hernia  
- Swelling at tip of penis when he was <1 years of age  
- Earlier, Intermittent urination, now not having such problem  
- Swelling right inguinal area  
<laughing, after forceful action or any exertion

### **On observation :**

- Small size of right ear
- Child is not moving much around
- No need to restrain child
- Child is approaching, making good eye contact
- Separation anxiety
- When mother asked to leave the room starts crying continuously

### **Mothers History During Pregnancy:**

Mother had to suppress her anger due to unfavourable environment at home but she use to react in between. Otherwise, no specific sickness history during pregnancy.

### **Reaction on Examination :**

Allowed for examination

### **Vaccination History :**

All Vaccination done. No complaints after vaccination

### **Dentition History :**

No complaints during dentition

### **Milestones History :**

Milestones delayed



**Gross motor reflexes :** Normal

**Fine motor reflexes :**

- Could not draw a circle
- Could not match color
- Could not converse with child

**Physical generals :**

- Thermals - Hot
- Thirst - Thirsty
- Appetite - Poor eater
- Cravings - Sweets
- Constitution - Lean ,thin
- Perspiration - Profuse (on face)
- Sleep - Sound sleep & refreshing in morning
  - Wakes up in the morning
  - Sleeps on abdomen

**Sociability :**

- Approaching
- Child is mentally hyperactive
- Weeps very easily when reprimanded
- Child is some times destructive
- In anger, hits back
- Throws away things in anger
- Startles easily

**Senses :**

Child has specific sensitivity to odors, can recognize different flavors and becomes uncomfortable if there is any unpleasant odor around.

No specific sensitivity to other senses.

**Rubrics selected :**

Combined, Mind; DESTRUCTIVENESS (39)  
 Combined, Mind; SENSITIVE; odors; to (31)  
 My Repertory, Additions; 9, Side, right, Complaints (general) (final) (119)  
 My Repertory, Additions; 1, Sociability, Approach (Final) (95)  
 My Repertory, Additions; 8, Thirst, Thirst increased (c) (final) (193)

bell	merc-i-f	tarent	nux-v	stram	agar	coff	hvns
5	5	4	4	4	4	4	4
11	8	9	8	8	7	7	7
2	1	2	2	3	1		2
1	2		2			1	
3	2	2	2	1	3	2	1
3	1	3		2	2	2	2
2	2	2	2	2	1	2	2

**Medicine selected :** Merc iod flavum 200

**Discussion :**

As we have seen in Repertorisation only 2 medicines are covering Totality of case.

Belladonna covering all rubrics but behavior of child at clinic was more of aggressive type and there was no suddenness or acuteness. No redness of face and unlike belladonna only one sense of smell is acute other senses are having no specific sensitivity.

Belladonna is sensitive to all kind of stimulus and all senses are acute.

So Merc-Iod Flavum was selected due to strong affinity of body to develop pathology on right side.



## **Follow up on 11-10-2017**

- Appetite decreased
- Milk and milk products aversion
- Better in talking 20 - 25 %

## **Follow up on 8-11-2017**

- Swelling right inguinal area is better now

## **Follow up on 21-12-2017**

- Better now in Eye contact

## **Follow up on 17-1-2018**

- Does not speak in front of others

## **Follow up on 15-2-2018**

- Better
- Loose stool after eating since yesterday
- Prescribed placebo

## **Follow up on 16-3-2018**

- Better now
- Today he talks very nicely with doctor

## **Follow up on 7-7-2108**

- Speech is not clear
- Talks only at home less outside
- Don't speak to others outside the house
- Don't get easily involved with everyone
- We think he can't hear properly
- He understand things late according to his age
- Doesn't concentrate on studies
- Earlier, he used to speak nothing but now, he started talking and after taking medicine,
- He likes ice very much
- Thirsty - drinks cold water

Desire - Sweets++,Ice, Cold water

- Gets angry easily, very much irritable, everyday he fights with a child and tell them to leave his house)
- Beats children
- He has no fear of anyone, if he wants to beat a child , he will do it without having any kind of fear
- Fear dogs++
- Kills insects
- Devil at home timid outside
- Destructive

**Case Re-evaluated** and prescribed 2nd Dose of *Merc lod Flavum 200*

## **Follow up on 22-9-2018**

- All his complaints are fine now
- Very rarely child still shows destructive behavior but is much better
- Now he has started talking to doctor
- Recites poem

## **Stopped Treatment:**

Parents are happy and satisfied with progress of the child. Teachers have very good feedback about his pickup in studies and behaviour in class.

- His Hernia has disappeared.

Recent Follow up shows he is a normal child now having No Symptoms at all.



**Dr. Madhuri Vaidyeswar, BHMS, DHM (UK)**  
Medical Director, Vaidya Child Health  
Founder of NGO 'Mitra for life', Bengaluru

## *Improving the Quality of Life of Children with Autism with Homoeopathic Intervention*

Autism spectrum disorders are a group of neurodevelopmental disabilities that are characterised by qualitative abnormalities in social communication skills, sensory disorders and restricted repetitive behaviours & activities. Clinical presentation in early childhood can be with Speech delay, Low eye contact, repetitive play, low food acceptance with gut issues, abnormal behaviours or anxieties in different social situations. Cognitive abilities may be impaired to varying degrees and learning may be a challenge.

The following are cases taken at Special Schools and Early Intervention centres across Bengaluru, where we work along with parents, special educators and therapists to focus on the child, providing Homoeopathic treatment and supportive therapies to optimise the development of the child with Autism. These cases have been followed up in detail over a few years, and are presented here in short for a quick understanding.

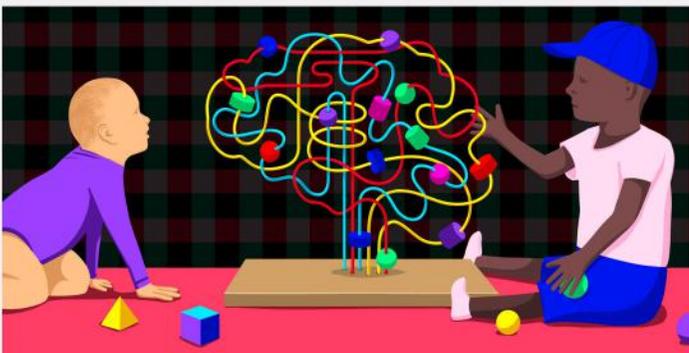
**Case 1:** A 6-year-old boy, moderate Autism, seen at a special school presented with significant speech delay (has up to 10 words in his vocabulary), slow in reaction and lethargic. Understanding and cognitive abilities moderate, gut issues with constipation; low acceptance of

new foods, head sweating during sleep. Calcarea Carb prescribed over a few months, brought about significant improvement in the gut issues first and improved food acceptance. With treatment over a 10 months to a year along with supportive speech therapy, there was progress in Speech development, to the extent of speaking 3 to 4 word sentences and expressing himself spontaneously. Has improved in cognitive areas and understanding, and the child is receiving support from a special school along with continued treatment to support his development.

**Observation:** In many cases of young children with Autism, Gut issues like constipation are very common. Irrespective of the presentation of the symptoms of Autism, if the constitutionally indicated remedy can address this, there can be good progress in the neuro-development of the child.

**Case 2:** An 8-year-old girl, on the Autism spectrum and non-verbal, presented with bowel and bladder (b & b) training not achieved, very poor eye contact, seems to be in her own world, pays very little attention to surroundings, and the product of a consanguineous marriage. Her teacher at the special school reported that

there was almost no response to instructions and no attention to structured play or learning with activities from the child. The parents were asked to consider keeping the child at home and not send her to school until b&b training was achieved, as the helpers in the school were having trouble changing her diapers & cleaning her multiple times a day. With Baryta Carb 200, frequent repetitions over a few months, the child showed a steady improvement in bladder and bowel training; in a 6-month time frame, up to 80% of training was achieved. In the 8 monthly follow up, the teacher reported that the child's eye contact was better and that the child was now trying to do activities like stringing beads and would respond to instructions. Treatment with this continued up to 18 months when the remedy picture changed and the further indicated remedy was prescribed.



**Observation:** In the cases of Autism or developmental issues in a child who is a product of a consanguineous marriage, a remedy like Baryta Carb can help make progress with the neuro-developmental milestones of the child. The inputs of the special educators and therapists working with the child can provide invaluable information in understanding of the case &

tracking the progress of the child during follow-ups.

**Case 3:** A 9-year-old boy on the Autism spectrum along with ADHD, non-verbal, presents with a high level of hyperactivity, also has repetitive behaviours, stimming and rigidity with routines. Key observation during the initial case taking is *'The well-grown 9-year-old boy with a small toy car in his hand climbs on to the consultation table and reaches for the fan, tries to run the toy car on it, then jumps down and climbs the windows in the room, and repeats this sequence during the entire case taking session of 45 minutes, and the mother calmly watches him the whole time, saying this is his usual behaviour at home.'* The prescription of Belladonna made remarkable changes in hyperactivity in the boy. In the 3rd consultation, 10 weeks from the beginning of the remedy, he was observed sitting in the chair beside his mother, playing with his toy car, and would get up every 10 mins or so, walk around the room and sit back down, this pattern continued throughout the consultation.

**Observation:** Hyperactivity in children with Autism responds very well within a short period to the indicated remedy. Once the hyperactivity reduces, the other changes observed in the child can open up the deeper indicated remedy which can support the behavioural improvements and reduction in routinist behaviours & rigidity over a period of time.



Homoeopathic intervention can be highly effective in children in the age group of 2 to 10 years. In this age group, with the high neuro-plasticity of the brain, the developmental changes which can be brought about can make a significant impact on the overall quality of life of the child with Autism & their families. A holistic solution where Homoeopathic practitioners work in tandem with parents, special educators and therapists can be the way forward to creating large scale & long term impact in the area of Autism.

Autism is a lifelong disability restricting the persons' independent living and the opportunities in education and employment. Many adults with Autism remain dependent on their care givers throughout their lives. In youngsters with Autism in the age group of 16 to 30 years, the isolation they face in society can also lead to depression, anxiety and aggressive behaviours.

We found that there was a dire need to create a Social support system for youngsters with Autism and special needs. This gave birth to "Mitra for Life", a non-profit organisation that works towards empowering, increasing acceptance and inclusion of persons with Autism and other special needs.

The key work of 'Mitra for life' with youngsters with Autism creating opportunities for them to socialise, showcase their talents and become more independent in society. We have created a large support community for parents where they can share problems, solutions and ideas. We work with a growing tribe of volunteers who are college students and young professionals dedicated to creating change.

More details about our work can be found at [mitraforlife.org](http://mitraforlife.org)

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**Dr. Prachi Karandikar, B.H.M.S**

Consulting Homoeopath, Practicing since, 19 years

Dip. in Child and Adolescent Counselling,

Upgraded Advanced Homoeopathy (The Other Song),

Pursuing Fellowship in Psychiatry and Counselling (FHPC)

## CASE OF URTICARIA TREATED WITH CAPSICUM

A 6-year-old boy was brought to me by his parents for c/o repeated episodes of urticaria since the age of 2.5 years.

Thickened skin elevations develop anywhere on the skin, anytime. No noticeable causative factor was found. The child used to keep on scratching, and it used to spread to other body parts then. Constant scratching here and there, arms, legs, face which immediately turn red.

Worse when wiped hard with towel after bath, and when he sweats more after running during playing. < crying, after bathing, dry skin in winter, getting heated after playing, heat of sun. It used to come and go. All tests done by paediatrician, couldn't pinpoint any specific allergen. So, they came to Homoeopathy.

### **Parents Description:**

He is calm boy by nature. He wants to do what he wishes. When forced, he suddenly gets angry and cries a lot for a long time. But forgets easily and becomes fun loving. He is brilliant in studies and grasps very quickly. He gets the concepts easily. He doesn't like to go out and play. Parents have to be behind him and forcibly take him for cycling or running and jogging. He makes a deal that he will play only if they allow computer games.

Lazy to take get up from place and bring his toy or a book. Wants things at his place. He gets engrossed in watching cartoons. Parents have to set a time for TV watching, but each time he creates a scene by crying and shouting when told to switch off TV. Parents are pursuing to make him mingle with friends and follow regular exercise, but he avoids somehow even when everyone else at home goes out, he stays back home.

### **Physical Generals:**

#### **Hunger/ Appetite/ Desires and Aversions -**

Hungry soon on waking. Frequent hunger. He has sweet tooth. Every now and then goes to kitchen for some snacks. Eats meals well, but craves for variety of food especially sweets. If he doesn't get anything, eats sugar. He also likes idlis, rice. Aversion to spicy, chilly food.

#### **Thirst - Moderate**

**Perspiration -** Easy on face, back especially during sleep and after running. Face and cheeks get red on running when body is heated. Red cheeks even after warm water bath.

**Thermal -** covers daily, likes full covering. Likes food at room temperature and bath with warm water.



Sleep – rolling in sleep. Speaks something which is not understandable.

## **INTERVIEW WITH THE CHILD:**

**Observations** - Fat, chubby and plump. He was quiet observant looking everything around the clinic room. Smiling face and good eye contact during conversation.

He was shy when I started conversation with him, but gradually became comfortable and was answering in detail to all my questions.

He told me, *“The rashes come when Mummy slaps me on my cheeks. It becomes red and then I cry and start scratching.”* In the clinic, he was scratching here and there.

When asked about his hobbies, interests - he described a computer game in detail which he likes. He said, *“A group of devils attack us and we try to save. If we can save ourselves, we win the game.”*

He described his fears as... *“With friends I play - Xombie. We try to kill Xombie.”* I asked why? He answered, *“They may bite us and or we also can become Xombie or the poison of Xombie enters our body. So, we all try to kill them and win over them.”* What happens then?--- *“I become happy when I win. I also like to win in races, competitions in school. I am scared of darkness, of Injections, of Insects.”* – why?– *“because they will bite me.”*

**Dreams:** He was telling long stories of dreams. He is a superhero and he fights against the monsters and he wins. The fight is of one versus 100 monsters. He kills everyone.

How you kill? I asked. *“As I have magical power of superhero.”* How do you feel on winning? *“Winning gives me happiness,”* he said.

## **ANALYSIS**

- Fat child.
- Shy but gradually mingling, expressive.
- Foody. Loves to eat, hungry always.
- Craving sweets.
- Aversion to outdoor activities. Lazy. Wants to be back home. Aversion to leave home.
- Fear of devils, ghosts, darkness.
- Dreams of fight, where he wins by fighting the evil with Magical powers.

**Rx:** Capsicum 200 1 dose.

SL – for 1 month.

## **1st and 2nd F/U-**

He had reduced frequency of developing urticaria and constant itching was not there. He had started willingly to go for cycling and playing outdoors. But still required some push.

## **3rd F/U -**

Urticaria had reduced. Mother said he wants to avoid exercise and spend time on screen. Not listening to follow routine. Screen time of 5 hours with breaks.

**Dreams:** Of huge, powerful dinosaurs who want to kill good people. *“I am angry for that so I have team of good Gods in my team. We use astras (weapons) to kill him, but still he(dino) is powerful.”*



Fear of darkness, enchanted enemy.

Lively animated talk to describe.

**Rx:** Capsicum 1M one dose.

#### 4th F/U -

Was much better. Only spots not even lines on itching or rubbing. Gap of medicines causes increase in itching.

**Rx:** SL one month

Now no urticaria developed from 6 months. He is interested in activities and not lazy. Need not be pushed, just reminding helps him to go for playing or cycling. Sleep is calm. Long crying has stopped completely. The family feels, 'A Happy Child is Happy Home.'

#### UNDERSTANDING CAPSICUM:

Capsicum belongs to Solanaceae plant family.

#### **Themes of Solanaceae-**

The main alkaloid in these plants is ATROPINE. It predominantly acts on brain, nerves, circulation leading to irritability, excitability, tremors, congestions, palpitations, delusions, hallucinations, violence, and mania. There are intense fearful states with fear of darkness, death and ghosts. Fear of imaginary things. Also, they develop frightful dreams and nightmares. In all the fears we see a response to escape from that place or hide to defend. Thinks that he is not at home.

Thus, we see lack of higher consciousness and presentation of altered consciousness.

Capsicum from Solanaceae family was selected on the basis of –

- Sluggishness
- Tired state
- Lazy and indolent, opposed to physical exertion
- Fat, clumsy
- Aversion to go outside of routine
- HOMESICKNESS
- Red face
- Skin – eruptions red and swollen
- Here we see episodic urticaria which comes up intermittently. He feels troubled by parents when pushed to go outdoors. He gives themes of threatened and attacked by Xombie (which is not constant).

#### ***Capsicum from Materia medica:***

MIND – Excessive peevishness.

HOMESICKNESS with sleeplessness and ennui.

Wants to be alone.

Disposition to suicide.

Peppery disposition.

A/f – after shifting house, change of country etc.

Melancholia with redness of cheeks.

Sleeplessness- he is taciturn, peevish, and restless.

Easily offended, obstinacy.

Cloudiness of intellect.

Children become clumsy, awkward, even idiotic.

Whimsical and sensitive, frequent weeping.

Hypersensitive – easily offended, persons inclined to be jovial, yet get angry at trifles.

Fear of being censured.



**ಡಾ|| ಆರತಿ ಸುಂದರೇಶ್**

**ಸುರಭಿ ಹೋಮಿಯೋಪತಿಕ್ ಹೀಲಿಂಗ್ ಸೆಂಟರ್**

**ದಾವಣಗೆರೆ**

## ಮರೆಯಲಾಗದ ರೋಗಿಗಳು

ಹೋಮಿಯೋಪತಿಗೂ ಮಕ್ಕಳಿಗೂ ಒಂದು ಅವಿನಾಭಾವ ಸಂಬಂಧವೆಂದರೆ ತಪ್ಪಾಗಲಾರದು. ಚುಚ್ಚು ಮದ್ದುಗಳ ಭಯದಿಂದಲೋ, ಗುಳಿಗೆಗಳ ಕಹಿಯ ರುಚಿಯಿಂದಲೋ ವೈದ್ಯರು ಎಂದರೆ ಆಸ್ಪತ್ರೆಗೆ ಅಳುತ್ತಲೇ ಬರುವ ಮಕ್ಕಳು, ಹೋಮಿಯೋಪತಿ ವೈದ್ಯರ ಬಳಿ ಬರುವಾಗ ಮೊದಲ ಬಾರಿ ಅಳುವದನ್ನು ಬಿಟ್ಟರೆ ತದನಂತರ ಬರುವ ಭೇಟಿಯಲ್ಲಿ ವೈದ್ಯರ ಕುರ್ಚಿಯನ್ನೇ ಹತ್ತಿ ಕುಳಿತಿರುತ್ತಾರೆ ಎಂದರೆ ಅತಿಶಯೋಕ್ತಿಯೇನಲ್ಲ. ಇವಕ್ಕೆಲ್ಲ ಕಾರಣ ಹೋಮಿಯೋಪತಿ ವೈದ್ಯರು ನೀಡುವ ಸಿಹಿಗುಳಿಗೆಗಳು. ಇವೆಂದರೆ ಮಕ್ಕಳಿಗೆ ಅಚ್ಚುಮೆಚ್ಚುಹೀಗೆ ಚಿಕ್ಕ ಮಗುವಿರುವಾಗ ನಮ್ಮ ರೋಗಿಗಳಾಗಿ ಚಿಕಿತ್ಸೆ ಪಡೆದ ಮಕ್ಕಳು ಮುಂದೆ, ಆರೋಗ್ಯವಂತರಾಗಿ ಬೆಳೆದು ನಮ್ಮ ಎದೆಯೆತ್ತರ ಬೆಳೆದಾಗ ನಮ್ಮದೇ ಮಕ್ಕಳು ಎಂಬಂತೆ, ಒಂದು ಅಭಿಮಾನದಿಂದ ಮನ ಹಿಗ್ಗುವ ಅನುಭವವೇ ವರ್ಣನಾತೀತ.

ಸುಮಾರು 21 ವರ್ಷಗಳ ಹಿಂದಿನ ಮಾತು, ಖಾಸಗಿ ವೈದ್ಯಕೀಯ ವೃತ್ತಿ ಆರಂಭಿಸಿ ಇನ್ನೂ ಬರೀ 4 ವರ್ಷವಾಗಿತ್ತು. ಒಂದು ದಿನ ದಿಢೀರ್ ಅಂತ ತುಂಬಾ ತೊಂದರೆ ಅಂತ 2 ½ ವರ್ಷಗಳ ಒಂದು ಹೆಣ್ಣು ಪಾಪುವನ್ನು ಎತ್ತುಕೊಂಡು ಅಳುತ್ತ ತಾಯಿ ಬಂದಳು .

“ಡಾಕ್ಟ್ರಿ ನಮ್ಮ ಮಗುನ ನೀವೇ ಉಳಿಸಬೇಕು”. ಆ ತಾಯಿ ನಂದೇ ರೋಗಿ. ನಾನು ಕ್ಲಿನಿಕ್ ತೆಗೆದ ವರ್ಷದ ಮೊದಲ ದಿನಗಳಲ್ಲಿ 2 ಮೇಲೆ ಮೇಲೆ ಗರ್ಭಪಾತಗಳಾಗಿ ಮಕ್ಕಳಾಗುತ್ತಿಲ್ಲ ಎಂದು ಹೇಳಿದ ಆ ರೋಗಿಗೆ ಹೋಮಿಯೋಪತಿ ಔಷಧಿಯಿಂದಲೇ ಹುಟ್ಟಿದ ಪಾಪು ಅದು ಹುಟ್ಟಿದಾಗಿನಿಂದ ಚಿಕ್ಕ ಪುಟ್ಟ ಶೀತ ಕೆಮ್ಮು, ಹಲ್ಲು ಬರುವಾಗ ಬೇಧಿ ಇತ್ಯಾದಿ ಚಿಕ್ಕ ಪುಟ್ಟ ತೊಂದರೆಗಳು ಬಿಟ್ಟು ಬೇರೇನೂ ತೊಂದರೆ ಇಲ್ಲದೆ ಅರೋಗ್ಯವಾಗಿ ಬೆಳೆದಿದ್ದ ಆ ಮಗುವನ್ನು ಹಠಾತ್ತನೆ ತಾಯಿ ತೀರ ಸುಸ್ತಾದ ಸ್ಥಿತಿಯಲ್ಲಿ ಕರೆದುಕೊಂಡು ಬಂದಿದ್ದರು.

ಒಂದು ವಾರದ ಹಿಂದೆ ಅಜ್ಜಿ ಊರಿಗೆ ಹೋಗಿದ್ದಾಗ ಅಲ್ಲಿ ಆ ಮಗುಗೆ ಶೀತ ಕೆಮ್ಮು ಆಯಿತು. ಯಾವಾಗಲೂ ಹೋಮಿಯೋಪತಿ ಗುಳಿಗೆ ರೂಢಿ ಯಲ್ಲಿ ಇದ್ದುದರಿಂದ ಆ ಊರಿನಲ್ಲಿ ಇದ್ದ ಹೋಮಿಯೋಪತಿ ವೈದ್ಯರ ಬಳಿ ಕರೆದುಕೊಂಡು ಹೋದರು. ಆ ವೈದ್ಯರು ಮಗುವಿಗೆ ಶೀತ ಕೆಮ್ಮು ಜತೆಗೆ ಸ್ವಲ್ಪ ಜ್ವರ ಹಾಗೂ ತಲೆ ಸ್ನಾನ ಮಾಡಿದ್ದು ಅಂತ ಹೇಳಿದ್ದಕ್ಕೆ ಬೆಲ್ಲಡೋನ 200ನೇ ಸತ್ವದಲ್ಲಿ 2 ಘಂಟೆಗೊಮ್ಮೆ ಕೊಡಲು ಹೇಳಿದ್ದರಂತೆ.

ಮಗುವು ಸಾಯಂಕಾಲ ಚೇತರಿಸಿಕೊಳ್ಳಲು ಪ್ರಾರಂಭಿಸಿ ಆಟ ಆಡಿ ಜ್ವರ ಬಿಟ್ಟ ಮೇಲೆ ಮತ್ತೆ ಅದೇ ಊರಿನಲ್ಲಿರುವ



ದೇವಸ್ಥಾನಕ್ಕೆ ಕರೆದುಕೊಂಡು ಹೋದರು. ಬಂದ ಮೇಲೆ ಮತ್ತೆ ಮಗು ರಾತ್ರಿ ಕೆಮ್ಮಲು ಪ್ರಾರಂಭಿಸಿದೆ, ಅದೇ ಔಷಧಿಯನ್ನು ಮತ್ತೆ ಕೊಟ್ಟಿದ್ದಾರೆ. ರಾತ್ರಿ ಜ್ವರ ಜಾಸ್ತಿಯಾಗಿ ಬೆಳಗಿನ ಜಾವ ಮಗು ಸ್ವಲ್ಪ ಮೈ ನಡುಗಿಸಿದಕ್ಕೆ ಮತ್ತೆ ಅದೇ ವೈದ್ಯರನ್ನು ಅದೇ ಊರಿನ ವೈದ್ಯರನ್ನು ಸಂಪರ್ಕಿಸಿದಾಗ ಅವರು ಮಗು ಸುಸ್ತಾಗಿರುವುದಕ್ಕೆ ಆರ್ಸ್ ಅಲ್ಬ್ 30 ಕೊಟ್ಟರಂತೆ. ಸಾಯಂಕಾಲ ಮತ್ತೆ ಜ್ವರ ಜಾಸ್ತಿ ಆದಾಗ ಅದೇ ಊರಿನ ಮಕ್ಕಳ ತಜ್ಞರನ್ನು ಭೇಟಿಯಾಗಿದ್ದಾರೆ. ಅವರು ಪರೀಕ್ಷೆ ಮಾಡಿ ಮಗುವಿಗೆ ಅಲೋಪಥಿಯ ಔಷಧಿಗಳನ್ನು ಬರೆದು ಕೊಟ್ಟು ಮತ್ತೆ ಜ್ವರ ಬಂದರೆ ಮರು ದಿನ ಕರೆದುಕೊಂಡು ಬರಲು ಹೇಳಿದ್ದರು. ಬೆಳಗ್ಗೆ ಮಗು ಕೊಟ್ಟ ಔಷಧಿಯನ್ನೆಲ್ಲ ವಾಂತಿ ಮಾಡಿಕೊಂಡು ಏನನ್ನೂ ತಿನ್ನದೇ ಮದ್ಯಾಹ್ನ ವೇಳೆಗೆ ಮತ್ತೆ ಕೆಮ್ಮು ಜಾಸ್ತಿಯಾಗಿ ಉಸಿರಾಟ ವೇಗ ಜಾಸ್ತಿಯಾಗಿ ಜ್ವರವೂ ಜಾಸ್ತಿಯಾಗಿ ಮಗು ಸುಸ್ತಾಗಿತ್ತು. ಮತ್ತೆ ಅದೇ ಮಕ್ಕಳ ವೈದ್ಯರನ್ನು ಭೇಟಿ ಆದಾಗ ಮಗುವಿಗೆ ನ್ಯೂಮೋನಿಯ ಲಕ್ಷಣಗಳು ಇವೆ ಅಡ್ಮಿಟ್ ಮಾಡಿ X-Ray ರಕ್ತ ಪರೀಕ್ಷೆ ಮಾಡಬೇಕು ಎಂದರು.

ಅವರು ತಕ್ಷಣವೇ ದಾವಣಗೆರೆಯಲ್ಲಿ ಅಡ್ಮಿಟ್ ಮಾಡ್ಲೇವೆ ಈಗ ತುರ್ತಾಗಿ ಜ್ವರಕ್ಕೆ ಕೊಡಿ ಎಂದು ಬರೆಸಿಕೊಂಡು ತಕ್ಷಣ . ಕಾರು ಮಾಡಿಕೊಂಡು ನೇರವಾಗಿ ಕ್ಲಿನಿಕ್ ಗೆ ಬಂದು. ಬರುವಾಗ ಹೋಮಿಯೋಪಥಿ ವೈದ್ಯರು ಕೊಟ್ಟ ಗುಳಿಗೆ ಹೆಸರುಗಳು, ಮಕ್ಕಳ ವೈದ್ಯರು ಕೊಟ್ಟ ಔಷಧಿಗಳ ಚೀಟಿಯನ್ನು ತೋರಿಸಿ ಆ ಮಗುವಿನ ಸೋದರ ಮಾವ ಎಲ್ಲವನ್ನು ಸವಿಸ್ತಾರವಾಗಿ ವಿವರಿಸಿದ್ದರು. ಆದರೆ ಮಗುವಿನ ತಾಯಿ ಅಳುವುದೊಂದು ಬಿಟ್ಟರೆ ಬೇರೇನೂ ಹೇಳುವ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಇರಲಿಲ್ಲಯಾವಾಗಲೂ ನನ್ನ ಬಳಿಗೆ ಚಿಕ್ಕ . ದಪ್ಪುಟ್ಟ ತೊಂದರೆಗೆ ಚಿಕಿತ್ಸೆ ಗೆ ಬರುತ್ತಿದ್ದಾಗ ಉತ್ಸಾಹ ದ ಚಿಲುಮೆಯಾಗಿ ಇರುತ್ತಿದ್ದ ಮಗು ಆವತ್ತು ಕಣ್ಣು ಬಿಡಲು ಸಿಂಧವಿರಲಿಲ್ಲ. ಹಣೆ ತುಂಬಾ ಬೆವರು, ಜತೆಗೆ ಎದೆಯಲ್ಲಿ ಕಫದ ಗುರುಗುರು ಶಬ್ದ ಪಕ್ಕೆ ಎಳೆತ ಜತೆಗೆ ಕಣ್ಣು ಬಿಡಲು ಆಗದಿರುವಷ್ಟು ತೂಕಡಿಕೆ. ಮಕ್ಕಳ ವೈದ್ಯರು ನೀಡಿದ ಔಷಧಿಯಿಂದ ಇರಬಹುದೇನೋ ಎಂದುಕೊಂಡು ತಾಯಿಗೆ ಕೇಳಿದಾಗ ಇದು ಎರಡನೇ ದಿನದಿಂದಲೇ ಪ್ರಾರಂಭವಾಗಿತ್ತುಇದನ್ನು ಹೋಮಿಯೋಪ .ತಿ ವೈದ್ಯರಿಗೂ ಹೇಳಿದ್ದಿ ಅಂದು. ದೈಹಿಕ ತಪಾಸಣೆ ಮಾಡಿದಾಗ ನ್ಯೂಮೋನಿಯ ಜ್ವರದ ಎಲ್ಲ ಲಕ್ಷಣ ಗಳೂ ಇದ್ದವು. ಆದರೆ ಆ ತಾಯಿ ಗರ್ಭಿಣಿ ಇದ್ದಾಗಿನಿಂದ ಹಿಡಿದು ಆ ದಿನದವರೆಗೂ ನಮ್ಮಲ್ಲಿಯೇ ಚಿಕಿತ್ಸೆ ಪಡೆದಿದ್ದ ಆ ಮಗುವು ಪ್ರಪ್ರಥಮ ಬಾರಿಗೆ ಈ ತರಹ ತೊಂದ್ರೆ ಅನುಭವಿಸುವುದು ನನ್ನ ಮನಸ್ಸಿಗೆ ತುಂಬಾ ನೋವನ್ನುಂಟು ಮಾಡಿತ್ತು. ನನಗೆ ವೈದ್ಯ ಹಾಗೂ ಎಲ್ಲೋ ಒಂದೆಡೆ ನನ್ನ ಮಾತೃತ್ವದ ಸೆಲೆ ಹೋಮಿಯೋಪತಿಯ ಚಿಕಿತ್ಸೆ ನೀಡಲೇ ಬೇಕೆಂದು ನನ್ನನ್ನು ಪ್ರೇರೇಪಿಸಿತ್ತುತುಂಬಾ ಸುಸ್ತಾಗಿದ್ದ ಆ ಮಗುವನ್ನು ಕಂಡಾಗ ಸಾಮಾನ್ಯವಾಗಿ ನಾವೆಲ್ಲರೂ ಕೊಡುವ ಔಷಧಿಯೂ ಆರ್ಸ್ . ಅಲ್ಬ್ ಆದರೆ ಈ ಮಗುವಿನಲ್ಲಿ ಆರ್ಸ್ ಅಲ್ಬ್ ನಲ್ಲಿ ಇರುವ ಮಾನಸಿಕ ತುಮುಲತೆ ಇರ್ಲಿಲ್ಲ .ಮಗುವು ಆಯಾಸದ ಜತೆಗೆ ತುಂಬಾ ತುಕಡಿಕೆಯಲ್ಲಿ ಇತ್ತು.

ನಮಗೆಲ್ಲರಿಗೂ ತಿಳಿದಿರುವಂತೆ ನಮ್ಮ ಹೋಮಿಯೋಪತಿ ತತ್ವ ಸಿದ್ಧಾಂತದ ಪುಸ್ತಕದಲ್ಲಿ ಹೇಳಿದಂತೆ ರೋಗಲಕ್ಷಣಗಳನ್ನುಜತೆಗೆ ರೋಗಿಯ ಲಕ್ಷಣಗಳನ್ನು ಸೂಕ್ಷ್ಮವಾಗಿ ಗಮನಿಸಿ ರೋಗಿಯ ಸಂವೇದನಾ ಶೀಲತೆಯ ಮೇಲೆ ಆಧಾರಿತ ಸರಿಯಾದ ಔಷಧಿ, ಸರಿಯಾದ ಸತ್ವದಲ್ಲಿ ನೀಡಿದರೆ ಅದು ಖಂಡಿತ ಆ ರೋಗವನ್ನು ವಾಸಿಯಾಗಿಸಿ ಆ ರೋಗಿ ನಿರೋಗಿಯಾಗುತ್ತಾನೆ ಎಂಬ ಅಂಶವನ್ನು ಗಮನದಲ್ಲಿ ಇರಿಸಿ ಅತಿಯಾದ ಬಳಲಿಕೆ, ಅತಿಯಾದ ತೂಕಡಿಕೆ ಹಾಗೂ ಅತಿಯಾದ ಬೆವರು ಇವು 3 ಅಂಟಿಮೋನಿಯಂ ಟಾರ್ಟ್ ನ ಮೂಲ ಚಿಹ್ನೆಗಳಾಗಿದ್ದರಿಂದ ಅಂಟಿಮೋನಿಯಮ ಟಾರ್ಟ್ 30ನೇ ಸತ್ವದಲ್ಲಿ



ಪ್ರತಿ 2 ಘಂಟೆಗೊಮ್ಮೆ ಕೊಟ್ಟು ಉಸಿರಾಟದ ತೀವ್ರತೆ ಗಮನಿಸಿ ಸುಮಾರು 30 ಕ್ಷಿಂತ ಕಡಿಮೆ ಆಗಿ ಮಗು ಪ್ರಶಾಂತವಾಗಿ ಮಲಗಿದ್ದರೆ ಮತ್ತೆ ಕೊಡುವುದು ಬೇಡ. ಜ್ವರ ಜಾಸ್ತಿ ಆದಲ್ಲಿ ಅಥವಾ ಉಸಿರಾಟ ತೊಂದ್ರೆ ಜಾಸ್ತಿ ಆದಲ್ಲಿ ಮಾತ್ರ ಕಾಯದೆ, ನಂಗ ಗೊತ್ತಿರುವ ನರ್ಸಿಂಗ್ ಹೋಮ್ ಗೆ ಅಡ್ಮಿಟ್ ಮಾಡಿ ಎಂದು ಒಂದು ಪತ್ರವನ್ನು ಕೊಟ್ಟಿದ್ದೆ. ಮರುದಿನ ಬೆಳಗ್ಗೆ ಮತ್ತೆ ಸುಮಾರು 11 ಘಂಟೆಗೆ ಕರೆದು ಕೊಂಡು ಬಂದಿದ್ದರು. ಸುಮಾರು ರಾತ್ರಿ 7 ಘಂಟೆಯಿಂದ 11 ಘಂಟೆವರೆಗೆ ಘಂಟೆಗೊಮ್ಮೆ ಔಷಧಿ ಹಾಕಿದ ಮೇಲೆ ಮಗು ಉಸಿರಾಟ ತೀವ್ರತೆ ಕಡಿಮೆ ಆಗಿದ್ದರಿಂದ ನಿಲ್ಲಿಸಿದ್ದರಂತೆ ಮತ್ತೆ ಬೆಳಗ್ಗೆ 5 ಘಂಟೆಗೆ ಮಗು ಎಚ್ಚರ ಆದಾಗ ಒಂದು ಸಲ ಮತ್ತೆ ಔಷಧಿ ತಿಂದು ಮಲಗಿದ್ದ ಮಗು ಘಾಠ ವಾದ ನಿದ್ರೆ ಮಾಡುತ್ತಂತೆ ಮಗುವಿನಲ್ಲಿ ಲವಲವಿಕೆಯಿತ್ತು ತುಕಡಿಕೆ ಕಮ್ಮಿಯಾಗಿ ಮಗುವು 1/2 ಲೋಟ ರವೆ ಗಂಜಿಯನ್ನು ಕುಡಿದಿತ್ತು.ಇನ್ನು ಜ್ವರ ಹಾಗೂ ಪಕ್ಕೆ ಎಳೆತ ಇದ್ದರೂ ಉಸಿರಾಟ ಹಿಂದಿನ ದಿನಕ್ಕಿಂತ ಕಡಿಮೆ ಆಗಿತ್ತು . ಮತ್ತೆ ಅಂಟಿಮೋನಿಯಂ ಟಾರ್ಟ್ ಮತ್ತೆ ಅದೇ ಸತ್ವದಲ್ಲಿ 3 ಘಂಟೆಗೊಮ್ಮೆ 2 ದಿನ ಕೊಡಲು ಹೇಳಿದ್ದೆ 4 ದಿನಕ್ಕೆ ಮಗು ಸಂಪೂರ್ಣ ಆರೋಗ್ಯವಾಗಿತ್ತು ಶ್ವಾಸಕೋಶ .ಪರೀಕ್ಷೆ ಮಾಡಿದಾಗ ಇನ್ನು ಸ್ವಲ್ಪ ಕಫದ ಇರುವಿಕೆ ಅನ್ನಿಸಿದ್ದರಿಂದ kali sulph biochemic ಮಾತ್ರ ಗಳನ್ನು 2, 3 ಬಾರಿ ಮತ್ತೆ 3 ದಿನ ಕೊಡಲು ಹೇಳಿದೆ ಮಗು ಸಂಪೂರ್ಣವಾಗಿ ಗುಣಮುಖವಾಗಿಬಂದು ವಾರದಲ್ಲಿ . ಚೈತನ್ಯದ ಚಿಲುಮೆಯಾಗಿ ಬಂದಿತ್ತು.

ಈ ರೋಗಿ, ಇಷ್ಟು ಜ್ಞಾಪಕವಿರಲು 3 ಮುಖ್ಯ ಕಾರಣಗಳು ಇವೆ, ಮೊದಲನೆಯದು ಆ ಮಗುವನ್ನು ಗರ್ಭದಿಂದಲೇ ಚಿಕಿತ್ಸೆ ನೀಡಿದ್ದು. ಎರಡನೆಯದ್ದು ಆಸ್ಪತ್ರೆಗೆ ಸೇರಿಸಬೇಕಾಗಿದ್ದ ರೋಗಿಯನ್ನು ಮನೆಯಲ್ಲೇ ಚಿಕಿತ್ಸೆ ಪಡೆಯುವ ಹಾಗೆ ಆಗಿ ವಾಸಿ ಆಗಿದ್ದು, ಮೂರನೆಯ ಕಾರಣ 2 1/2 ವರ್ಷದಲ್ಲಿ ಆ ಸ್ಥಿತಿಯಲ್ಲಿ ಇದ್ದ ಮಗು ಇಂದು 24 ವರ್ಷದ ಯುವತಿ ಹಾಗೂ ಆಕೆ ಈಗ 6 ತಿಂಗಳ ಮಗುವಿನ ತಾಯಿ. ಆ ತಾಯಿ ತನ್ನ ಮಗುವಿಗೂ ಹೋಮಿಯೋಪಥಿ ಚಿಕಿತ್ಸೆ ನೀಡಬೇಕೆಂದು ಆರೋಗ್ಯ ವಾಗಿದ್ದಾಗಲೇ ತೋರಿಸಲು ಕರೆದು ಕೊಂಡು ಬಂದಿದ್ದರು. ಈಗಲೂ ಆ ಕುಟುಂಬದವರಿಗೆ ತಮ್ಮ ಮಗುವನ್ನು 23 ವರ್ಷಗಳ ಹಿಂದೆ, ಅಂತಹ ಗಂಭೀರ ಸ್ಥಿತಿಯಲ್ಲಿ ಚಿಕಿತ್ಸೆ ನೀಡಿದ ಹೋಮಿಯೋಪತಿ ಪದ್ಧತಿಗೂ, ಹೋಮಿಯೋಪತಿ ವೈದ್ಯೆಯಾದ ನನಗೂ ಗೌರವಿಸಿ ಹೊಸ ಹೊಸ ರೋಗಿಗಳನ್ನು ತಮ್ಮ ಅನುಭವವನ್ನು ವಿವರಿಸಿ, ಅಭಿಮಾನ ಹಾಗೂ ವಿಶ್ವಾಸದಿಂದ ನಮ್ಮಲ್ಲಿ ಚಿಕಿತ್ಸೆಗೆ ಕಳುಹಿಸುತ್ತಿರುತ್ತಾರೆ.

ನನ್ನ ವೈದ್ಯಕೀಯ ವೃತ್ತಿಯ ಆರಂಭದ ದಿನಗಳಲ್ಲಿಯ ಈ ಮಗುವಿನ ಚಿಕಿತ್ಸೆ, ನನ್ನಲ್ಲಿ ಚಿಕಿತ್ಸೆ ಧೈರ್ಯ, ಹೋಮಿಯೋಪತಿ ಬಗೆಗಿನ ಅಭಿಮಾನ ಹಾಗೂ ವೈದ್ಯೆಯಾಗಿಆತ್ಮವಿಶ್ವಾಸವನ್ನು ನೂರ್ಮಡಿ ಹೆಚ್ಚಿಸಿತ್ತು.

ವೈದ್ಯ ಬಂಧುಗಳೇ ಒಟ್ಟಿನಲ್ಲಿ ನಾನು ಹೇಳುವುದು ಇಷ್ಟೇ, ನಮ್ಮ ಹೋಮಿಯೋಪತಿಯ ಪಿತಾಮಹ ಡಾಕ್ಟರ್ ಸಾಮ್ಯೂಲ್ ಹಾನೆಮನ್ ಹೇಳಿದ ಹಾಗೆ ಹೋಮಿಯೋ ವೈದ್ಯ ಚಿಕಿತ್ಸೆ ಪರಿಣಾಮಕಾರಿ ಯಾಗಿ ಫಲಿಸಿದಿರಲು ವೈದ್ಯರ ಜ್ಞಾನದ ಅಭಾವ ಕಾರಣ ಆಗಬಹುದೇ ವಿನಹ ಹೋಮಿಯೋಪತಿಯಲ್ಲ. ಇದರಲ್ಲಿನ ಇಂದಿಗೂ, ಎಂದಿಗೂ ಬದಲಾಗದ ತತ್ವಸಿದ್ಧಾಂತಗಳು, ಸರ್ವ ರೋಗಕ್ಕೂ ಸರ್ವ ಕಾಲಕ್ಕೂ ಸೂಕ್ತ ಹಾಗೂ ವೈಜ್ಞಾನಿಕ. ಇದನ್ನು ಹೋಮಿಯೋಪತಿ ವೈದ್ಯರಾದ ನಾವೆಲ್ಲರೂ ಮನಗಂಡು ಉತ್ತಮ ಜ್ಞಾನರ್ಜನೆಯಿಂದ, ವೈಜ್ಞಾನಿಕ ಹಾಗೂ ಕಲಾತ್ಮಕತೆಯಿಂದ, ಹೋಮಿಯೋಪಥಿ ವೈದ್ಯಕೀಯ ಪದ್ಧತಿಯನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಜನಸಾಮಾನ್ಯರಿಗೆ ತಲುಪಿಸಲು ಕಂಕಣ ಬದ್ಧರಾಗೋಣ.



From Nature.  
For Health.

Protection against acute  
& chronic liver disorders

# Alpha-Liv™

Liver Tonic & Drops

## For common liver disorders

- Improves the functional efficiency of the Liver
- Liver cirrhosis, jaundice and gallstones; alcohol liver damage
- Indicated in fatty liver and sluggish liver



Composition:		
Each 100 ml contains:		
Carduus marianus	o	10%
Hydrastis canadensis	o	1%
Acidum citricum	1x	5%
Chelidonium majus	o	2%
Podophyllum peltatum	o	1%
Andrographis paniculata	o	5%
Ipecacuanha	o	1%
Excipients Q.S.		
Alcohol content	v/v	11.5%

### Dosage:

Unless otherwise prescribed, 1-2 teaspoon thrice daily. Children should be given half the adult dose.

**NEW LAUNCH**



### Composition:

Acidum citricum	3X	20%
Andrographis paniculata	3X	20%
Carduus marianus	3X	40%
Chelidonium majus	3X	8%
Hydrastis canadensis	3X	4%
Ipecacuanha	3X	4%
Podophyllum peltatum	3X	4%
Excipients Q.S.		

### Dosage:

10-20 drops 2-3 times a day.

Correct the digestive system naturally with...

**GAS**

**ACIDITY**

**Dyspepsia**

# Dizester®

DIGESTIVE TONIC

- Improves impaired digestion
- Useful in dyspepsia, deranged digestion & flatulence
- Prevents gastric troubles after excessive eating

### Composition:

Foeniculum vulgare	o	3%	v/v
Mentha piperita	o	3%	v/v
Nux moschata	o	2%	v/v
Zingiber officinalis	o	2%	v/v
Asafoetida	o	2%	v/v
Carum carvi	o	2%	v/v
Terminalia arjuna	o	1%	v/v
Excipients Q.S.			
Alcohol content		11.9%	v/v

**SUGAR FREE**



### Dosage:

1-2 teaspoon 2-3 times daily, ½ teaspoon every 1-3 hours during acute indigestion. Children should be given half of the adult dose.

For the use of a Registered Medical Practitioner or a Hospital or a Laboratory only.



Dr. Willmar Schwabe  
India  
From Nature. For Health.



Available in: 100ml, 200ml & 500ml

**BRAINVITA**

**1. Identify the plant and give the common name?**



**2. Name the disease and its key features?**



**3. Identify this pioneer and which book he has written?**



**4. Identify the drug and its common name?**

- *Vertigo, nausea and vomiting from riding in carriage.*
- *Great lassitude of the whole body.*
- *Sensation of hollowness in head and other parts.*
- *Time passes too quickly.*

**Please send the answers with Full name to [kqhda1992@gmail.com](mailto:kqhda1992@gmail.com) before 31st of October 2021  
First 5 winners' names will be announced in the next issue**

**Answers for the questions in previous issue:**

1. *Cephalandra indica, Common Name: Little Gourd (Kovai)*
2. *Molluscum Contagiosum*
3. *Adolph Lippe*
4. *Hammamelis Virginica, Common Name: Witch Hazel*



**PHOTOGALAXY**



**Team KQHDA with  
Master Hirannaiah in 1999**



**Team KQHDA with  
Dr. Girish Karasaravalli  
Felicitating  
Dr. A. V. Krishnamurthy at  
Gandhi Bhavan on Behalf of  
World Homoeopathy Day in 2012**

**Dr. Girish Kasaravalli launching  
the first website of KQHDA at  
Gandhi Bhavan on Behalf of  
World Homoeopathy Day in 2012**

