



# KQHDA HOMOEEO SANDESH



KARNATAKA QUALIFIED HOMOEOPATHIC DOCTORS' ASSOCIATION ®

VOLUME : 1, ISSUE : 11, April 2024

PRICE : Rs. 25/-

## In this issue:

**P2 : Editor's Message**

**P4 : Pioneer**

*Dr. Carroll Dunham, M.D.*

**P5 : Basis of Prescribing**

*Prof. Dr. Vijayalakshmi M. Angadi*

**P12 : Homeopathy's Healing Touch for Ovarian Cysts and Fibrocystic Breast Disease**

*Prof. Dr. Lakshmi B. S.*

**P18 : Kannada Article**

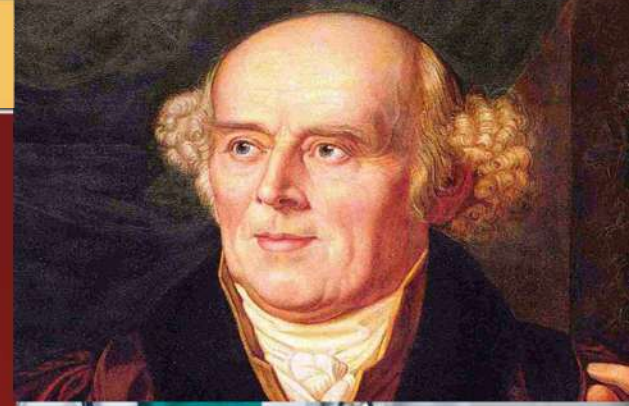
*Prof. Dr. Shivaprasad Kudroli*

**P20 : Report of Seminar in GHMC, Bengaluru**

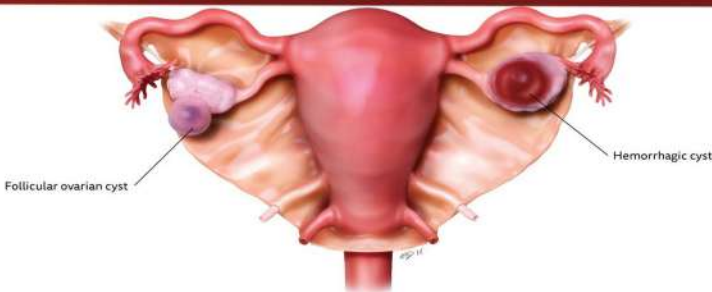
**P21 : Report of Seminar in KLE, Belagavi**

**P23: Brainvita**

**P24: Photogalaxy**



Wish You  
**HAPPY  
WORLD  
HOMEOPATHY DAY**





## Editor's Message

***Editor in Chief :***  
***Dr. Shreepad Hegde***

***Editorial Team :***  
***Dr. Latha Devarajan***  
***Dr. Chiranth***  
***Dr. Trupti Pai***  
***Dr. Anusha Kulkarni***

***Advisory Committee :***  
***Dr. B.D. Patel***  
***Dr. S.K. Tiwari***  
***Dr. Anand Kulkarni***  
***Dr. H.L. Swamy***  
***Dr. P.D. Praveenkumar***

Dear Friends, Warm wishes of the Season. Reading is important because it develops your mind and gives you excessive knowledge and lessons of life. It helps you understand the world around you better. It keeps your mind active and enhances your creative ability. Reading improves your vocabulary and develops your communication skills, thereby enabling you to be a better writer. Good communication is important in every aspect of life.

Reading a good magazine or a book takes you in a new world and helps you relieve your day-to-day stress. It has several positive effects on your mind, body, and soul. It stimulates your brain muscles and keeps your brain healthy and strong. When I read a medical magazine, I read it for pleasure. I just indulge myself in reading and experience a whole new world. Once I start reading, I get so captivated I never want to leave it until I finish. It always gives immense satisfaction to read a good book and cherish it for a lifetime.

Reading takes you to the world of imagination and enhances your creativity. It makes you think creatively, fantasize and use your imagination. Reading helps you explore life from different perspectives. While you read magazine, you are building new and creative thoughts, images and opinions in your mind. By active reading, you explore several aspects of life. It involves questioning what you read. It helps you develop your thoughts and express your opinions. New ideas and thoughts pop up in your mind by active reading. It stimulates and develops your brain and gives you a new perspective.



## Editor's Message

One strategy for doctors to continue their professional growth is to read medical publications. It enables them to enhance their abilities, discover cutting-edge treatments, and improve their professional judgment. Keeping record of your reading journey helps to keep you accountable and on track. In addition, you can track your progress and see how far you've come, which is very motivating. Reading the medical journal is a standard method of increasing knowledge among the physicians world-wide. It enables medical practitioners to put to practice evidence base medicine. Any doctor who is not skilled in journal analysis is not likely to be skillful in medical practice.

It has therefore become essential for the clinicians, researchers, and students to read articles from scientific journals. As editor I request all the readers to give your evidence-based article to make KQHDA E-Sandesh more scientifically enhanced. Knowledge increases by sharing, lets share our evidence-based cases in our upcoming issues of Homoeo Sandesh.

I would like to thank Dr. Vijayalakshmi for sharing the article on Prescribing, Dr Shivaprasad K. for the Kannada article, Dr Chiranth & Dr Trupti Pai for contributing to the 11th issue of Homoeo Sandesh.

I wish each and every one" VERY HAPPY UGADI FESTIVAL-HINDU NEW YEAR" and "HAPPY WORLD HOMOEOPATHIC DAY"

**- Prof.Dr.Shreepad Hegde**  
**drsreepad@gmail.com**



## PIONEER

### DR CARROLL DUNHAM, M.D.

Birth: 29.10.1828, New York

Death: 18.02.1877, New York

#### About Dr Carroll Dunham:

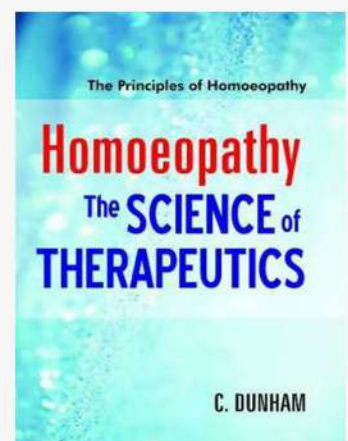
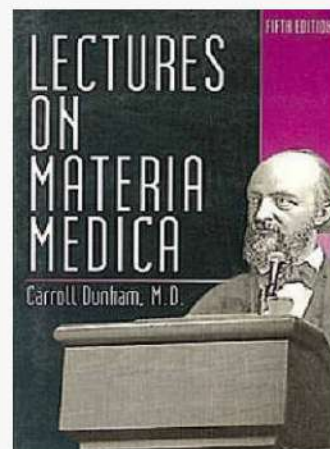
- President of American Institute of Homoeopathy and World's Homoeopathic Convention, 1876
- He did his medicine under Dr Whittaker. While in Dublin, he developed faith in Homoeopathy after he was treated and cured by Lachesis for his dissecting wound that showed no improvement with other system of medicine and was worsening.
- Being treated by Homoeopathy, he developed keen interest in knowing more about the system ending up being an ardent follower of Homoeopathy.
- Was a student of Bonenninghausen and follower of Dr J T Kent
- Due to Stress in his practice, he developed Rheumatic Carditis which was treated with Lithium Carb by Dr Hering, after which he formed the World Homoeopathic Convention, which was a huge success.
- Developed the Famous Dunham Potencies, High potencies.

#### Achievements:

- 1847, Graduated in Medicine from the University of Columbia
- 1850, M.D degree from College of Physicians and Surgeons, New York
- 1852, Started Practice in Brooklyn
- 1860, Editor of American Homoeopathic Review
- 1865, Professorship of Materia Medica in the New York Homoeopathic Medical College, after many years was the dean of same college
- He has written many books and published many of them.

#### Contributions/Publications:

- Homoeopathy, the Science of Therapeutics, 1877
- Lectures on Materia Medica, 1879





## Dr Vijayalakshmi M Angadi MD (HOM)

Professor

*Department of Organon of Medicine, Government Homoeopathic Medical College and Hospital, Bangalore*

### BASIS OF PRESCRIBING

#### ABSTRACT:

Knowledge of basis of prescribing is an essential part of homoeopathic management of a case. To achieve this, the homoeopathic physician should study the entire representation of the disease and select the most appropriate similimum.

**KEYWORDS:** Characteristic symptoms, Hahnemann, Prescription.

**INTRODUCTION:** The objective of every homoeopathic physician is to cure the sick individual by the way of exact homoeopathic prescription. There cannot be any controversy over the fact that homoeopathic curative prescription is based on totality of characteristic symptoms. Hahnemann in his 153<sup>rd</sup> aphorism of 6th edition of Organon<sup>1</sup> has made a statement regarding this and this is further testified by Dr Boenninghausen by elaborating seven maxims of Characteristic symptoms<sup>2</sup>. But, in a case where no such characteristic totality of symptom is possible, then the remedy which is suitable on the present few common symptom should be considered. Regarding this Hahnemann has made a statement in 163<sup>rd</sup> aphorism of 6th edition of Organon of Medicine<sup>1</sup>.

This article is an illustration of two cases based on such prescription;

#### CASE REPORT: Case- 01:

This is a case report of a female patient aged 62 years. She is a widow, housewife and resident of Bangalore who presented to the outpatient department of Government Homoeopathic Medical College and Hospital on 03.07.2022 with the complaints of burning sensation of bilateral foot and increased frequency of micturition in the last 2 years and pain in left knee joint with mild swelling since 15 days.

The patient was apparently healthy until 2 year back, after which she gradually started with burning sensation of bilateral feet and increased frequency of micturition. Over past 15 days patient even started developing stitching pain and stiffness over left knee joint, which aggravated on walking, standing for long time and got better with rest. The onset and progression of complaints has been gradual.

**Negative history:** No history of trauma, fall and fever

#### Past history:

**Surgical history:** Appendectomy 20 years back, Hysterectomy 7 years back



**Medicinal History:**

K/C/O- DM- on allopathic medication (Tab. Glycomet 500mg) since 20 years.  
 K/C/O – HTN on allopathic medication (Tab. Telma 40mg) since 20 years

**Family history:** Nothing significant noted.

**Obstetric history:** G3P3L3A0 (FTND)

**Personal history:**

Diet- Mixed  
 Appetite- Reduced since 3 days  
 Thirst- Reduced since 3 days  
 Desire- Nothing specific  
 Aversion- Nothing specific  
 Micturition- 4-5 times/ day; 1time/ night; increased frequency with scanty urine  
 Bowel- Regular, Satisfactory.  
 Sleep- Refreshing  
 Dreams- Nothing significant  
 Perspiration- Generalized, No odour, no staining  
 Thermals- Hot

**Analysis of the symptoms: (Table 1)**

COMMON SYMPTOMS	UNCOMMON SYMPTOMS
Left knee joint pain	Anxiety about health
Stitching type of pain	Forgetfulness
Stiffness	Appetite reduced
< Walking	Thirstless
< Standing	
Burning sensation of foot	
Increased frequency of urine	
Swelling on left knee	

**Life Space Investigation:**

Patient born and brought up at Magadi village. Not gone to school due to financial issue. She has 4 sisters and 4 brothers. Got Married at the age of 13 years. Husband was alcoholic. He was abusive and doubtful. He was not taking care of his family. This made her to work as a house maid. Husband passed away 2 years back due to health issue and 2nd son committed suicide due to marriage issue 12 years back.

**General Physical Examination:**

Nothing significant detected

**Vital signs:**

Temperature- afebrile at the time of examination.  
 Pulse- 76 beats /min.  
 Respiratory rate- 16 cycles/ min.  
 Blood pressure- 140/90 mm Hg

**Locomotor system:-** Lower limb- Left knee joint

**Inspection:** Mild swelling present, No redness.

**Palpation:** Tenderness present, Warm to touch, Crepitus present, Movement restricted.

**Diagnosis:** Osteoarthritis of Left knee joint



## Evaluation of the case: (Table 2)

MENTAL GENERALS	PHYSICAL GENERALS	CHARACTERISTIC PARTICULARS
<p>Anxiety about health Forgetfulness</p>	<p>Appetite reduced Thirstless</p>	<p>Left knee joint pain Stitching type of pain Stiffness &lt; Walking &lt; Standing Burning sensation of foot Increased frequency of urine Swelling on left knee</p>

### Repertorial Totality:

MIND- Anxiety- health about

MIND- forgetful

STOMACH- Appetite- Diminished

STOMACH- Thirstless

URINE- scanty- frequent

EXTREMITIES- pain- feet- burning

EXTREMITIES- pain- knee- left

EXTREMITIES- pain- knee- left- stitching pain

9 EXTREMITIES - PAIN - Knees - sta	agg.				⊗
10 EXTREMITIES - PAIN - Knees - w.	agg.				⊗
11 EXTREMITIES - STIFFNESS - Kne	left				⊗
12 EXTREMITIES - SWELLING - Kne	left				⊗
Remedies	ΣSym	ΣDeg	Symptoms		
ruta	9	9	1, 2, 3, 4, 6, 7, 8, 9, 10		
lach.	8	13	1, 2, 3, 4, 6, 7, 9, 10		
sulph.	8	13	1, 2, 3, 4, 6, 7, 9, 10		
phos.	8	12	1, 2, 3, 4, 5, 6, 7, 10		
nat-m.	8	10	1, 2, 3, 4, 5, 6, 7, 10		
dulc.	8	8	2, 3, 4, 6, 7, 8, 9, 10		

### Repertorial sheet: (Image 1)

MIND	
1 MIND - ANXIETY - health; about	⊗
2 MIND - FORGETFUL	⊗
STOMACH	
3 STOMACH - APPETITE - diminished	⊗
4 STOMACH - THIRSTLESS	⊗
URINE	
5 URINE - SCANTY - frequent; and	⊗
EXTREMITIES	
6 EXTREMITIES - PAIN - Feet - burning	⊗
7 EXTREMITIES - PAIN - Knees - left	⊗
8 EXTREMITIES - PAIN - Knees - left stitching pain	⊗

### Prescription: (on 03.07.2022)

#### RX:

Bryonia Alba 200- 1 dose- (early morning empty stomach)

Calcarea flour 6x (2-2-2) x 1day

Syzygium Q- 5drops in water BD



## Follow up: (Table 3)

04.07.2023	Pain in left knee joint still persist. Stiffness still persists Burning in B/L foot reduced Sleep-Disturbed Appetite- Good	Rx: Ruta 200 (6-6-6) x 1 day CF6x (2-2-2) x 1 day <u>Syzygium Q</u> (5 drops in water BD)
14.07.2023	Pain in left knee joint Slightly better Other generals are good	Rx: Ruta 1M (6-0-0) x 3 day CP6x (2-2-2) x 10 days FP6x (2-2-2) x 10 days <u>Syzygium Q</u> (5 drops in water BD)
07.09.2023	Pain in left knee joint better Burning in B/L soles better Generals are good	Rx: Ruta Plain (6-6-6) x 3 day KP6x (2-2-2) x 15 days FP6x (2-2-2-2) x 15 days <u>Syzygium Q</u> (10 drops in water BD)

### Case- 02:

This is a case report of a male patient aged 43 years, working as associate professor at a private college at Bangalore, presented to the outpatient department of Government Homoeopathic Medical College and Hospital on 27.04.2021 with the complaints of pain in the maxillary region, on and off since 5 years, more from 4 days. Complaint of acrid nasal discharge and nose block on and off since 5 years. K/C/O Hypertension since 6 years.

Patient was apparently healthy till 6 years ago. He was diagnosed with hypertension 6 years back when he had been to hospital for recurrent headaches. He was under allopathic medication for hypertension for 6-8 months. Since 5 years,

he complains of recurrent facial pain which was gradual in onset, stuffiness and blockage of nose, alternates with nostrils, which is more in the night. Cold air or cold weather or air conditioning triggers the complaint. Occasionally he complains of acrid nasal discharge, with stuffiness.

**Negative history:** No history of radiation of pain to jaw, gums or forehead and eye.

#### Past history:

Hypertension since 6 years. No significant allergic and surgical history.

**Medicinal History:** He initially took allopathic treatment, tablets for hypertension for 6-8 months.

**Family history:** Nothing significant.





## Personal history:

Diet- Mixed  
Appetite- Adequate; prefers hot food  
Thirst- 2-3 litres / day  
Desire- Spicy food  
Aversion- Nothing specific  
Micturition- 4-5 times/ day; 1 time/ night.  
Bowel- Alternate days, Unsatisfactory.  
Sleep- sound sleep, around 6-7 hours,  
occasionally disturbed due to pain and wakes up  
around 3 am  
Dreams- Nothing significant  
Perspiration- more on axilla, no staining on  
clothes, non-offensive  
Thermals- Chilly

## Life Space Investigation:

Patient born and brought up in Manipal. He has completed his Masters in Technology and began to work in an esteemed firm. He got married at the age of 28 years. As a person he says, he is very

organised, gets easily irritated (even when children do little mistakes), if the things are misplaced, wants all things to be placed in the right order. Does all his work independently and does not prefer company. He is extremely sensitive to sound, light. Work front, he is satisfied with the job no much of stress, he is very passionate and zealous about his profession, he is doing his PhD.

## General Physical examination:

Nothing significant noted.

## Systemic examination:

### Respiratory system-

Nose: Hypertrophy of turbinate's

Trachea - centrally placed

PNS: Tenderness elicited in the maxillary region.

Normal vesicular breath sounds heard.

**Investigation:** Endoscopy of the nose and paranasal sinuses was already done

**Diagnosis:** Chronic Maxillary Sinusitis

## Analysis of the symptoms: (Table 4)

COMMON SYMPTOMS	UNCOMMON SYMPTOMS
Nasal obstruction Pain in maxillary region	Aversion to company Fastidious Desires spicy food Chilly patient Alternating nostrils Night aggravation



## Evaluation of the case: (Table 5)

MENTAL GENERALS	PHYSICAL GENERALS	CHARACTERISTIC PARTICULARS
Aversion to company Fastidious Easily irritable	Desires spicy food Unsatisfactory stools Chilly patient	Pain in the maxillary region with tenderness Stuffiness and obstruction of alternate nostrils Aggravated at night and from cold

### Repertorial Totality:

MIND – company – aversion to

MIND - Fastidious

MIND – Irritability

GENERALITIES – Food – spices (highly seasoned food) – desire for

NOSE – obstruction – alternating sides

NOSE – obstruction – night

### Repertorial sheet:

MIND	
<b>1 MIND - COMPANY -</b>	⊗
aversion to	
<b>2 MIND - FASTIDIOUS</b>	⊗
<b>3 MIND - IRRITABILITY</b>	⊗
NOSE	
<b>4 NOSE - OBSTRUCTION -</b>	⊗
alternating sides	
<b>5 NOSE - OBSTRUCTION -</b>	⊗
night	
GENERALS	
<b>6 GENERALS - FOOD and DRINKS</b>	⊗
agg.	

Remedies	ΣSym	ΣDeg	Symptoms
nux-v.	6	15	1, 2, 3, 4, 5, 6
phos.	6	9	1, 2, 3, 4, 5, 6
vanil.	6	8	1, 2, 3, 4, 5, 6
ars.	5	10	1, 2, 3, 5, 6
lyc.	5	10	1, 2, 3, 5, 6
sep.	5	9	1, 2, 3, 5, 6
kali-bi.	5	7	1, 2, 3, 4, 5
bamb-a.	5	6	1, 2, 3, 4, 5
nat-m.	4	11	1, 2, 3, 5

**Prescription: (on 27.04.2021)**

**Rx:**

Nux Vomica 200- 1 dose- (early morning empty stomach)

Placebo- (4-4-4) x 15 days

## Follow up: (Table 6)

12.05.2021	Complaint of nose block, pain in the maxillary region better by 50%. Sleep – Good, refreshing. Stools–Regular, satisfactory	Rx: Nux Vom Plain (4-4-4) x 15 days SL packet- 2- SOS
30.05.2021	Complaint of nose block, pain in the maxillary region better by 75%. Sleep – Good, refreshing. Appetite increased. Bowels – Normal, passes once in a day Feels energetic nowadays.	Rx: Nux Vom Plain (4-4-4) x 2 months SL packet- 10- SOS
10.09.2023	Complaint of nose block better, pain occasionally and mild tenderness in the maxillary sinus still present. Sleep – Good, refreshing. Doesn't get up at night also Appetite Better. Bowels – Normal, once in a day Only during change of weather, I feel some suffocation. If I take steam I will be better. No Episode of Headache till now and my BP is under control 120/80 mm Hg	Rx: Nux Vomica 200- 1 dose- (early morning empty stomach) Placebo- (4-4-4)x30 days SL packet- 10- SOS

**CONCLUSION:** For the first case, prescription was based on the present few symptoms because of lack of characteristic symptoms. As a result, patient's complaints were slightly better. Repetition was required here because the remedy was partially indicated. Whereas, for the second case the remedy was prescribed on the basis of characteristic symptoms and the patient felt completely better with the indicated medicine.

### DECLARATION OF PATIENT CONSENT:

Patient consent was taken.

### REFERENCE:

1. Hahnemann S, Boericke W, Dudgeon R. Organon of medicine. 6th ed. New Delhi: B. Jain Publishers; 2011.
2. von, B.C.M.F., Bradford, T.L. and Tafel, L.H. (1994) The lesser writings of C.M.F. von Boenninghausen. New Delhi India: B. Jain.



## Dr Lakshmi BS MD (HOM)

**Professor & HOD**

Dept. of Forensic medicine & Toxicology  
GHMC, Bengaluru

## Homeopathy's Healing Touch for Ovarian Cysts and Fibrocystic Breast Disease

### Introduction

Ovarian cysts and fibrocystic disease of the breast stand as two common yet challenging conditions that can significantly impact a woman's well-being. Homeopathy offers a holistic approach that considers not just the physical symptoms but also the emotional and mental aspects of health. In this article, we delve into the realm of homeopathic treatment for ovarian cysts and fibrocystic disease of the breast, exploring how this gentle yet powerful system of medicine can offer relief, restore balance, and promote overall well-being. Through a case and clinical insights, we uncover the principles, remedies, and holistic strategies that make homeopathy a valuable ally in the journey towards women's health and vitality.

### Clinical feature of ovarian cyst:

Ovarian enlargement could be

- **Non neoplastic** – is usually due to accumulation of fluid inside the functional unit of the ovary. These could be Follicular Cyst, corpus luteal cyst, theca luten cyst, granulosa lutein cysts, polycystic ovarian syndrome, endometrial cyst. Except endometrial cyst, all are functional cyst & loosely called cystic ovary.

- **Neoplastic (benign)**

### Conservative management of ovarian cyst:

- Asymptomatic
- Unilateral
- Size < 8cm
- Unilocular cyst without any solid area
- Normal CA 125 – (0-35U/ml).

**Surgical line of treatment –**  
cystectomy, oophorectomy

### Clinical feature of fibrocystic breast:

Commonly benign lesion occurs in female between 20-50yrs of age. Patient usually premenopausal, C/O of breast pain present throughout the cycle but < pre-menstrual and pain either dull continuous or intermittent & severe.

**O/E** – coarsely nodular areas, ill-defined either localized or diffuse esp. premenstrual.

### Treatment:

Assurance & re-examination at intervals, to wear a well-fitting brasier, to reduce intake of caffeine, Vitamin E may be helpful, cyclic combined oestrogen- progesterone pill, rarely surgery indicated.

### Case history:

On 16/4/18, a Hindu, married, female patient, aged 41yrs, Smt S, working as supervisor, came with the



*the complaints of menses once in 15days for the past 3 months and a known case of varicose vein, pain legs on & off, since 3yrs*

## **H/O chief complaint:**

Menses once in 15 days for the past 3 months, 4 days flow - 2/1/1/1 pads. LMP – 5/4/18 bright red menstrual discharge. Lower abdomen pain starts before menses & lasts for 2 days, radiating to thigh, some times more pain that she has to take off from office. Breast heaviness starts 1 week before menses, subsides during menses. Pain in the legs since 3 yrs < exertion, like standing or walking for long time. Has gone to allopathy doctor & has been diagnosed as varicose veins. She has been advised to sit or lay down with elevated legs & to use stocking.

## **OB& G History:**

• Married at the age of 27, 2 children both FTND. No major health issues during pregnancy, during delivery & after delivery. Not undergone tubectomy, not under any contraceptives. Last Delivery -10 yrs back

## **Family history:**

- Father – varicose veins
- Mother – DM, fibroid uterus undergone hysterectomy
- MGM – CA cervix
- MGF – heart attack
- PGF – varicose vein
- Siblings: apparently healthy

## **Personal history:**

- *Diet – mixed*

- Appetite – normal
- Aversion - oily food (causes throat irritation)
- Stool – once satisfactory
- Thermals – chilly

## **Life space investigation:**

Born & brought up in village. As a student studious, regular to school, would complete homework in time. Parents need not had to tell her to study. She wanted to get first place. Completed degree, working as supervisor. She has to do lot of field visits. Lot of travelling involved. Patient says - “I don’t talk loudly & I do not like anybody talking loudly. At Work place - since I am supervisor, I have to manage my subordinates & also higher ups, somehow managing it, is difficult but, if they tell something to me, I keep quiet & do not talk much with them. Usually, I don’t keep any work pending. In 2010, husband had lot of health issues, finally in 2015, underwent open heart surgery. I got down mentally after that. He is the head of the family, something happens to him, who will take care of us. My brother & sister helped me during that time. I want to be active & happy (but because of my health issue not able to), I have Fear of darkness, height, water.” Anxiety health about gets investigations done. (I am 40 plus better to get investigation)

## **Mental generals:**

- Conscientious
- Ambitious
- Mild
- Sensitive to rudeness
- Sad
- Anxiety future about



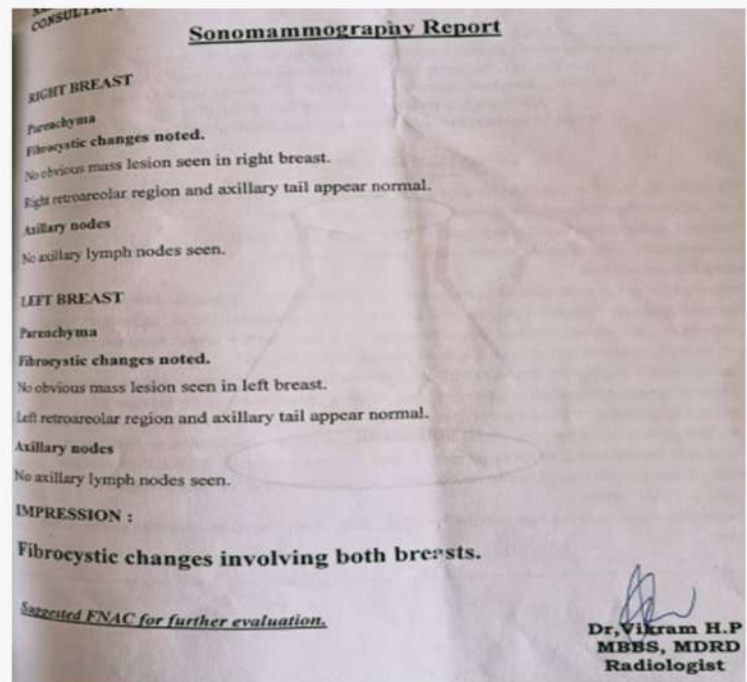
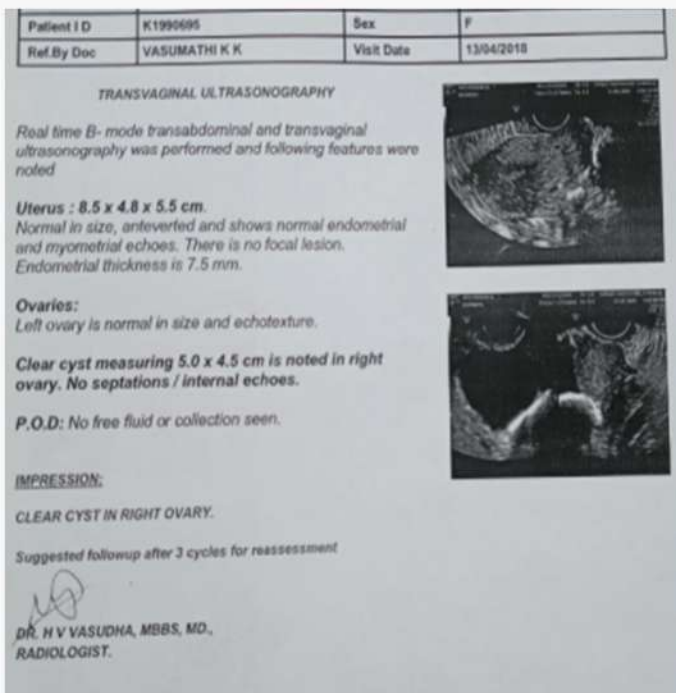
- Fear of darkness, water, height.
- Anxiety health about

## General physical examination:

- Height – 5ft 4inch
- Weight – 60 kgs
- Pulse – 80/min
- BP – 120/ 78mmhg
- Pallor absent

- RS – NAD
- CVS- NAD
- CNS - NAD
- Per abdominal examination – no tenderness, no mass felt. NAD
- Legs examined slight enlargement of veins present in both popliteal fossa. No swelling, no color changes. No pedal edema
- Breast – slight tenderness+, no mass felt, but patient says mass sometimes can be felt esp. Few days before menses & subsides with the menses. No axillary lymph node enlargement.

## Investigation



- **Nosological diagnosis** – Right ovarian cyst, fibrocystic disease breast, varicose vein.

**16/4/18** – Apis 200 tds/3 days.

Ovarian tumor – Right side, (+ apis also is indicated in metrorrhagia, profuse, stinging pain, great tenderness over abdomen & uterine region).



## Miasmatic diagnosis – psoro - sycotic

	psora	sycosis	syphylis
Family history		X (vv, fibroid uterus)	X(Ca cervix, heart attack)
Particulars			
Ovarian cyst		X	
Varicose veins		X	
Fibrocystic breast		X	
Early menses			X
Pain abdomen to leg			X
Conscientious & diligent	X		

Fear darkness, H2O	(Psora)		
Fear height	X		
Anxiety health	X		
Anxiety future about	X		
Ambitious	X		
Sadness	X		
Mild	X		
Sensitive to rudeness	X		

### Evaluation of symptoms:

- Mental generals – Ambitious, conscientious, diligent. Anxiety health, anxiety future about, fear of darkness, height & water. Mild person. Sensitive to rudeness
- Physical general – Chilly patient
- Particulars – Early menses (15 days), heaviness of breast before menses, pain lower abdomen radiating to thigh & leg, pain in legs < physical exertion. Throat irritation A/F oily food

### Selection of Rubrics

Sl no	chapter	rubric	sub rubric
1	Genitalia female	menses	Early, frequent
2	Genitalia female	tumors	ovaries
3	Mind	Fear	Dark
4	Mind	fear	High places
5	mind	fear	Water
6	Mind	Anxiety	Health
7	Mind	Anxiety	Future about
8	chest	Pain mammae	Menses before
9	Extremities	Pain	Calf
10.	Generalities	Food	Fat <

### Repertorial Result

- Calc c – 18/8
- Phos – 14/7
- Puls – 12/7
- Lach – 10/6
- Nux v – 10/6

• **Calc c** – In addition to repertorial result, pain mammae menses before it covers, mild disposition & covers cyst pathology. Menses too early, too profuse, too long, cutting pain in uterus. Breasts tender & swollen before menses.

**Follow up 3/5/18** - LMP – 2/5/18, pain abdomen ++, tenesmus + temporary relief passing stool.

- NV 200 bd/1day

Asked to take Calc C 200 bd /2 days on 5th day of menses.

**Follow up 23/5/18** – LMP -19/5/18, flow 4 days, pain abdomen + not severe, heaviness of breast before menses +, cycle – 18days

- pl od /5days



**Follow up 12/6/18** – LMP – 7/6/18, cycle 20/days, flow 4days, slight pain abdomen during menses, heaviness of breast +

- calc c 200 bd 2 days

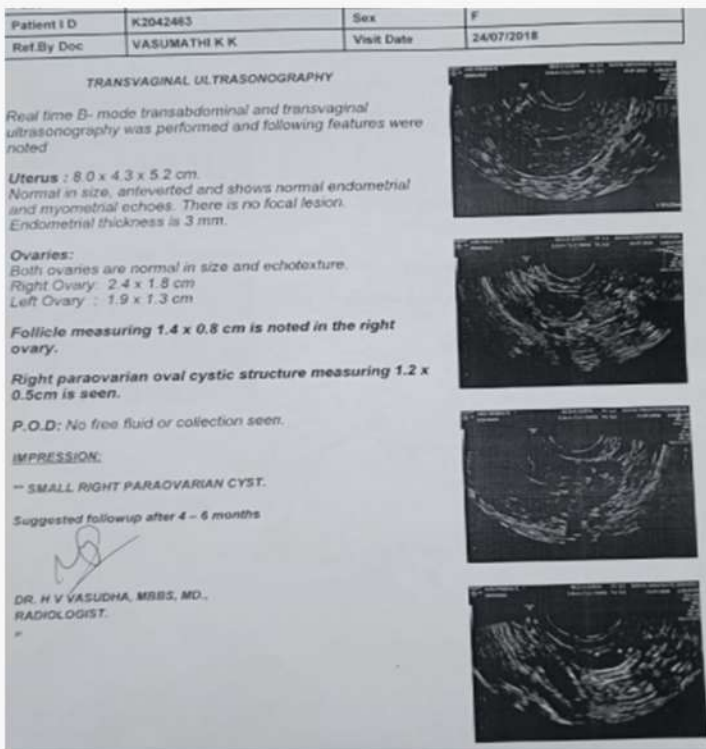
• **LMP – 26/6/18** cycle 20 days, pain lower abdomen radiating to thigh & legs.

- Xanthoxylum 200 bd /2 days

**Follow up 16/7/18-** LMP – 15/7/18, cycle 20 days, pain abdomen +, heaviness of breast+.

- pl od/ 5 days

**Follow up 7/8/18 -**



Para ovarian cyst

LMP - 4/8/18, cycle 21 days.

- Thuja 200 bd 2 days

**Follow up 19/9/18** - Dry cough since 2 days, feverish, body ache, > lying down, headache.

LMP – 27/8/18, cycle 23 days.

- Bry 200 bd/ 2 days

**Follow up 9/11/18** – cycle 26 days, heaviness of breast + +, LMP – 8/11/18

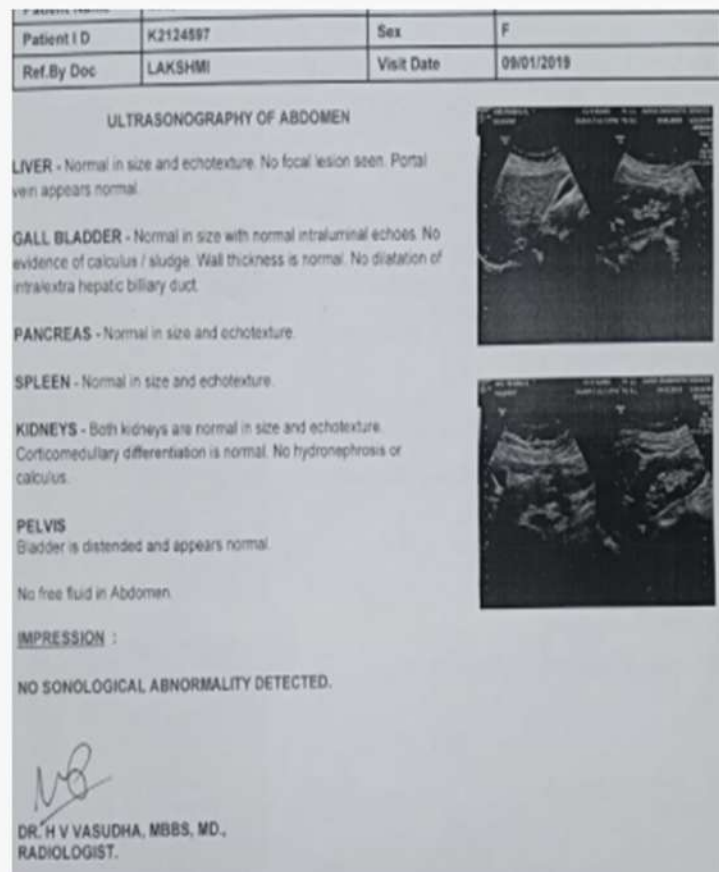
- Conium 200 bd 3 days

**Follow up 5/12/18-** LMP - 2/12/18, cycle 26 days, flow 4days, slight abdominal pain, heaviness of breast much better.

- pl/ od/ 5 days

**Follow up 16/1/19-** LMP – 27/12/18, cycle 26 days, flow 4 days.

- pl od/ 5 days







Patient I D	K2124597	Sex	F
Ref.By Doc	LAKSHMI	Visit Date	09/01/2019

**TRANSVAGINAL ULTRASONOGRAPHY**

Real time B- mode transabdominal and transvaginal ultrasonography was performed and following features were noted

**Uterus :** 9.0 x 4.8 x 5.8 cm.  
Normal in size, anteverted and shows normal endometrial and myometrial echoes. There is no focal lesion. Endometrial thickness is 8 mm.


**Ovaries:**  
Both ovaries are normal in size and echotexture. No adnexal mass seen. Right paraovarian cyst has regressed.

**Dominant follicle measuring 17 x 15 mm seen in right ovary.**

**P.O.D:** No free fluid or collection seen.

**IMPRESSION:**  
NO SIGNIFICANT ABNORMALITY DETECTED.

*[Signature]*  
DR. H V VASUDHA, MBBS, MD.,  
RADIOLOGIST.



**JOIN  
AS  
A LIFE MEMBER**

### Conclusion:

Through this case study, we witness the power of homeopathy in addressing menstrual irregularities stemming from underlying conditions like ovarian cysts and fibrocystic breast disease. By tailoring the treatment to the patient's unique symptomatology and constitutional characteristics, homeopathy offered a gentle, holistic approach to restoring menstrual harmony and promoting overall well-being.

AGE/SEX	Dr. Sell
REF.BY	

**SONOMAMMOGRAPHY REPORT**

**RIGHT BREAST**  
Parenchyma  
Normal.  
No mass lesion seen in right breast.  
Right retroaerolar region and axillary tail appear normal.

**Axillary nodes**  
No axillary lymph nodes seen.

**LEFT BREAST**  
Parenchyma  
Normal.  
No mass lesion seen in left breast.  
Left retroaerolar region and axillary tail appear normal.

**Axillary nodes**  
No axillary lymph nodes seen.

**IMPRESSION :**  
NORMAL SONOMAMMOGRAPHIC STUDY.

DR. ANUSHI



## ಪ್ರೊ .ಡಾ .ಶಿವಪ್ರಸಾದ್ ಕೆ.

ಪ್ರಾಂಶುಪಾಲರು, ಯೆನಪೋಯ ಹೋಮಿಯೋಪಥಿಕ್ ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ  
ಯೆನಪೋಯ ಘಟಕ (ವಿಶ್ವವಿದ್ಯಾಲಯವೆಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ)  
ನರಿಂಗಾನ, ದೇರಳಕಟ್ಟೆ, ಮಂಗಳೂರು

### ವೈಜ್ಞಾನಿಕ ಪ್ರಗತಿಯ ಪಥ

ಹೋಮಿಯೋಪಥಿ ಔಷಧಿಯನ್ನು ಮೂಲವಸ್ತುಗಳಿಂದ ಪರಿವರ್ತಿಸಿ ಸಂಸ್ಕರಿಸುವ ವಿಧಾನವನ್ನು ಪರಿಕಲ್ಪಿಸಿ ಪ್ರಯೋಗಿಸಿದ ಮೇಧಾವಿ ಡಾ.ಶಾನ್ಮನ್ಯಕು ರಾಸಾಯನಿಕ ಸಂಯುಕ್ತಮಿಶ್ರಣಗಳ ಬಗ್ಗೆ ಸಂಶೋಧನಾತ್ಮಕ ಪ್ರಯೋಗಗಳಿಂದ ಪ್ರಭಾವಿತರಾಗಿ ಅದರ ನೆಲೆಯಲ್ಲಿ ತಮ್ಮ ನಿಲುವನ್ನು ಪ್ರತಿಪಾದಿಸಿದರು. ನಿಸರ್ಗದಲ್ಲಿದ್ದು ಪ್ರತಿಯೊಂದು ವಸ್ತುವಿನ ಕಣದಲ್ಲೆಯೂ ಅದರದೇ ಆದ ಅಸ್ತಿತ್ವವಿದೆ. ಅದರದೇ ಆದ ಗುಣಲಕ್ಷಣಗಳಿವೆ. ಅವುಗಳ ಇರುವಿಕೆಯಿಂದ ಇತರ ವಸ್ತುಗಳೊಂದಿಗೆ ಪರಸ್ಪರ ಸಮನ್ವಯತೆಯನ್ನು ಹೊಂದಿ ನಿಸರ್ಗದಲ್ಲಿ ಸಮತೋಲನೆಯನ್ನು ಕಾಪಾಡುತ್ತವೆ. ಅನಾದಿಕಾಲದಿಂದಲೂ ನೈಸರ್ಗಿಕ ಕ್ರಿಯೆಗಳು ಮತ್ತು ಅವುಗಳ ಸಂಪೂರ್ಣತೆಯನ್ನು ಅರಿಯುವ ಬಗ್ಗೆ ತೋರಿಸಿರುವ ಆಸಕ್ತಿ, ಸಂಶೋಧನೆ ಮತ್ತು ವಿವರಣೆ ಮನುಷ್ಯನ ಮನಸ್ಸಿನ ಕುತೂಹಲದ ಪರಿಣಾಮ. ಯಾವುದು ಇಷ್ಟರ ವರೆಗೆ ನಮ್ಮ ಅರಿವಿಗೆ ಬಂದು ಒಂದು ಘಟ್ಟದಲ್ಲಿ ಸಾಕ್ಷಾಧಾರಗಳಿಂದ ಪ್ರಮಾಣಿತವಾದದ್ದನ್ನು ನಾವು ವಿಜ್ಞಾನ ಎನ್ನುತ್ತೇವೋ ಮತ್ತು ಯಾವುದು ನಿಸರ್ಗದಲ್ಲಿ ನಿರಂತರವಾಗಿ ತನ್ನಿಂತಾನಾಗಿ ಪ್ರಮಾಣಿತವಾದರೂ ಮನುಷ್ಯನ ಸೀಮಿತ ಜ್ಞಾನದಿಂದ ಸಮರ್ಥಿಸಲಾಗದ್ದನ್ನು ಅವೈಜ್ಞಾನಿಕವೆಂದು ಅಲ್ಲಗಳೆಯುತ್ತೇವೋ ಇದು ಪಟ್ಟಬದ್ಧ ಹಿತಾಸಕ್ತಿಗಳ ಸ್ವಾರ್ಥದ ಪರಿಭಾಷೆ. ಏಕೆಂದರೆ ಆಧುನಿಕ ಸೂಕ್ಷ್ಮಾಭಿರುಚಿಯ ತಂತ್ರಜ್ಞಾನ ಮಾಧ್ಯಮಗಳ ಉಪಯೋಗದಿಂದ ನೈಸರ್ಗಿಕ ಕ್ರಿಯೆಗಳ ಸ್ಪಷ್ಟ ವಿವರಣೆ ನಿರಂತರವಾಗಿ ಲಭಿಸುತ್ತವೆ. ಇಂತಹ ಮಾಹಿತಿಯ ಸಂಗ್ರಹದಿಂದ ಪ್ರತಿಯೊಂದು ವಿಷಯದ ಆಳ ಮತ್ತು ವೈಜ್ಞಾನಿಕ ಹಿನ್ನೆಲೆಯ ಅರಿವಾಗುತ್ತದೆ. ಹೋಮಿಯೋಪಥಿ ವೈದ್ಯಕೀಯ ಪದ್ಧತಿಯಲ್ಲಿ ಔಷಧಿ ಶಕ್ತೀಕರಣ ಪ್ರಕ್ರಿಯೆಯಲ್ಲಿ ಇಂತಹ ಮಹತ್ವದ ಚಿಂತನೆಯಿದೆ.

ಡಾ. ಶಾನ್ಮನ್ಯಕು ನಿಸರ್ಗದಲ್ಲಿ ಕಂಡುಬರುವ ಒಂದು ಕ್ರಿಯೆಯನ್ನು ವ್ಯಾಖ್ಯಾನಿಸುತ್ತಾ ದಟ್ಟ ಅರಣ್ಯದಲ್ಲಿ ಅಗ್ನಿಯ ಮೂಲ ಹೇಗೆ ಉಂಟಾಗುತ್ತದೆ ಮತ್ತು ಹೇಗೆ ಅದು ಕಾಳಿಚ್ಚಾಗಿ ಹರಡುತ್ತದೆ. ಕಾಡಿನಲ್ಲಿ ಸ್ವಚ್ಛಂದ ವಿಹರಿಸುವ ಪ್ರಾಣಿಗಳ ಓಡಾಟದಿಂದ ಉಂಟಾಗುವ ಕಲ್ಲುಗಳ ತಕ್ಕಾಟದಿಂದ ಅಥವಾ ಪರಸ್ಪರ ಘರ್ಷಣೆಯಿಂದ ಉಂಟಾಗುವ ಬೆಂಕಿಯ ಕಿಡಿಯಿಂದ ವ್ಯಾಪಿಸುವ ಬೆಂಕಿಯ ಮೂಲದ ಅರಿವು ಎಲ್ಲಿದೆ. ಇಂತಹ ಪ್ರಕ್ರಿಯೆಗಳನ್ನು ವಿಶ್ಲೇಷಿಸುತ್ತಾ ನಿರ್ದಿಷ್ಟ ಪ್ರಮಾಣದ ಘರ್ಷಣೆಯಿಂದ ಶಕ್ತಿಯ ಉತ್ಪಾದನೆಯಾಗುತ್ತದೆ ಎನ್ನುವ ಪರಿಕಲ್ಪನೆಯೊಂದಿಗೆ ನಿಸರ್ಗದತ್ತವಾದ ಯಾವುದೇ ವಸ್ತುವನ್ನು ಸೂಕ್ತನಿಯಮಗಳ ಪ್ರಕಾರ ತಟಸ್ಥ ವಸ್ತುವೆನಿಸಿದಾಗ ಘರ್ಷಣೆಗೆ ಒಳಪಡಿಸಿದಾಗ ಅದರಲ್ಲಿ...



ಅಂತರ್ಗತವಾಗಿರುವ ಶಕ್ತಿಯು ಉದ್ವಿಪನಗೊಂಡು ತಟಸ್ಥ ವಸ್ತುವಿಗೆ ವರ್ಗಾಯಿಸಲ್ಪಡುತ್ತದೆ. ಈ ಕ್ರಿಯೆಯನ್ನು ವಿವಿಧ ಕೋನಗಳಲ್ಲಿ ವಿವೇಚಿಸಿ ಪ್ರಯೋಗಗಳನ್ನು ಮಾಡಿ ವಿಮರ್ಶಿಸಿ ಹೋಮಿಯೋಪಥಿಯಲ್ಲಿ ಔಷಧಿಗಳ ಶಕ್ತೀಕರಣ (ಡ್ರಗ್ ಡೈನಮೈಸೇಷನ್) ದ ಪರಿಕಲ್ಪನೆಯನ್ನು ಪರಿಚಯಿಸಿದರು. ಶಕ್ತೀಕರಣದಲ್ಲಿ ತಟಸ್ಥವಸ್ತು ಮಾಧ್ಯಮವಾಗಿ ವಿಶೇಷವಾಗಿ ಸಂಸ್ಕರಿಸಿದ ಹಾಲ್ನುಕ್ಸರೆ, ಮಧ್ಯಸಾರ ಮತ್ತು ಬಟ್ಟಿಯಿಳಿಸಿದ ನೀರನ್ನು ಉಪಯೋಗಿಸಲಾಗುತ್ತದೆ.

ಘನ ಔಷಧೀಯ ವಸ್ತುಗಳ ಶಕ್ತೀಕರಣದಲ್ಲಿ ಅವುಗಳನ್ನು ಪುಡಿಗುಟ್ಟಿ ನಿರ್ದಿಷ್ಟ ಪ್ರಮಾಣದ ಹಾಲ್ನುಕ್ಸರೊ ಪುಡಿಯೊಂದಿಗೆ ಬೆರೆಸಿ ನಿಯಮಿತ ಸಮಯದ ಚಲನೆಯನ್ನು ನೀಡಿ ಆಯಾಯ ಶಕ್ತೀಕೃತ (ಪೊಟ್‌ನಿ) ಔಷಧಿಯನ್ನು ತಯಾರಿಸಲಾಗುತ್ತದೆ. ಉದಾಹರಣೆಗೆ ದಶಾಂಶ ( ಡೆಸಿಮಲ್) ಶತಾಂಶ (ಸೆಂಟಿಸಿಮಲ್) ಮಿಲಿಯಾಂಶ (ಮಿಲೀಸ್ಮಲ್) ಶ್ರೇಣಿಗಳ ವಿವಿಧ ಬಗೆಯ ಅಂದರೆ ೩,೬,೧೨,೩೦,೨೦೦, ೧೦೦೦, ೦/೧,೦/೨, ೦/೩ ..... ಇತ್ಯಾದಿ ಶಕ್ತೀಕೃತ ಔಷಧಿಗಳನ್ನು ಸಂಸ್ಕರಿಸಲಾಗುತ್ತದೆ.

ಅಂತೆಯೇ ದ್ರವರೂಪದಲ್ಲಿರುವ ಅಥವಾ ಮೃದುಸ್ವರೂಪದ ಔಷಧೀಯ ವಸ್ತುಗಳ ಶಕ್ತೀಕರಣದಲ್ಲಿ ಅವುಗಳನ್ನು ಹದವಾಗಿ ಕತ್ತರಿಸಿ, ಮೆದುಗೊಳಿಸಿ ನಿರ್ದಿಷ್ಟ ಪ್ರಮಾಣದ ಬಟ್ಟಿಯಿಳಿಸಿದ ನೀರು ಅಥವಾ ಮಧ್ಯಸಾರದೊಂದಿಗೆ ಬೆರೆಸಿ ಮೂಲದ್ರವ ( ಮದರ್ ಟಿಂಕ್ಚರ್) ವನ್ನು ಹನಿಗುಟ್ಟಿಸಿ ನಂತರ ಅದನ್ನು ನಿರ್ದಿಷ್ಟ ಪ್ರಮಾಣದ ಮಧ್ಯಸಾರದೊಂದಿಗೆ ಬೆರೆಸಿ ನಿಯಮಿತನ ರೀತಿಯಲ್ಲಿ ಪ್ರಹಾರ ನೀಡಿ ಆಯಾಯ ಶಕ್ತೀಕೃತ (ಪೊಟ್‌ನಿ) ಔಷಧಿಯನ್ನು ಮೇಲೆ ನಮೂದಿಸಿದ ಶ್ರೇಣಿಗಳಲ್ಲಿ ಸಂಸ್ಕರಿಸಲಾಗುತ್ತದೆ. ಈ ಶಕ್ತೀಕರಣದ ಮೂಲಕ ಜೀವಶಕ್ತಿಗೆ ಸಮನಾದ ಔಷಧೀಯ ಶಕ್ತಿಯನ್ನು ಸಂಸ್ಕರಿಸಿ ಅರೋಗ್ಯವಂತ ವ್ಯಕ್ತಿಯಲ್ಲಿ ಪ್ರಯೋಗಿಸಿ ಸಿದ್ಧೀಕರಿಸಿ, ಕೋಗಗ್ರಸ್ತ ವ್ಯಕ್ತಿಯ ಚಿಕಿತ್ಸೆಯಲ್ಲಿ ಉಪಯೋಗಿಸಲಾಗುತ್ತದೆ.

ಇದು ಯಾವುದೇ ಊಹೆಗೆ ನಿಲುಕದ ಸತ್ಯಾಂಶ. ಕಣ್ಣಿಗೆ ಕಂಡದ್ದೇ ಸತ್ಯ, ಸಾಕ್ಷಾಧಾರಗಳಿದ್ದರೆ ಮಾತ್ರ ವೈಜ್ಞಾನಿಕ, ಕಾಣದ್ದು ಅವೈಜ್ಞಾನಿಕ ಅಥವಾ ಮೌಢ್ಯ ಎನ್ನುವ ಕುಂಬತನಕ್ಕೆ ಯೋಗ್ಯ ಉತ್ತರ. ವಿಜ್ಞಾನ ಎನ್ನುವುದು ಯಾವುದೇ ವಿಷಯವನ್ನು ಸೈದ್ಧಾಂತಿಕ ಬುನಾದಿಯಲ್ಲಿ ಪರಿಕಲ್ಪಿಸಿ ನಂತರ ಅದಕ್ಕೆ ಪೂರಕ ಪದ್ಧತಿಯಮಗಳನ್ನು ನಿರೂಪಿಸಿ ಕಾರ್ಯಗತಗೊಳಿಸಿ ನಾನಾ ಕೋನಗಳಲ್ಲಿ ವಿಮರ್ಶಿಸಿ, ಪ್ರಯೋಗಿಸಿ ಅದರಿಂದ ಉಂಟಾಗುವ ಪೂರಕ ಅನುಭವವನ್ನು ದಾಖಲಿಸುವುದು . ಈ ಧೈಯಗಳೇ ಡಾ.ಹಾನ್ಸೆಮನ್ಸರ ಆವಿಷ್ಕಾರಗಳ ಮೂಲ ಮಂತ್ರ. ಅವರನ್ನು ಅನುಸರಿಸಿದ ಹೋಮಿಯೋಪಥಿಯ ಅನುಯಾಯಿಗಳು ಈ ತತ್ವಗಳ ಪರಿಪೂರ್ಣತೆಗೆ ತಮ್ಮ ಅನುಭವಗಳ ಧಾರೆಯೆರೆದರು.

ಪ್ರಗತಪಥದಲ್ಲಿ ಮುಂದುವರಿಯುತ್ತಿರುವ ವಿಶಿಷ್ಟ ವೈದ್ಯಕೀಯ ಪದ್ಧತಿಯ ಮೂಲ ವಿಚಾರಗಳ ಬಗ್ಗೆ ಸಂಶೋಧನೆಗಳು ನಡೆಯುತ್ತಿದ್ದು ವೈಜ್ಞಾನಿಕ ಲೇಖನಗಳು ನಿಯತಕಾಲಿಕೆಗಳಲ್ಲಿ ಪ್ರಕಟಿಸಲ್ಪಟ್ಟಿವೆ. ನಿರ್ದಿಷ್ಟ ಕಾಯಿಲೆಗಳಲ್ಲಿ ಹೋಮಿಯೋಪಥಿ ಔಷಧಿಗಳ ಪರಿಣಾಮ ಮತ್ತು ಆಧುನಿಕ ಚಿಂತನೆಗಳ ಬಗ್ಗೆ ವೈಜ್ಞಾನಿಕ ವಿವರಣೆಯನ್ನು ನೀಡುವ ಕ್ಲಿನಿಕಲ್ ಪ್ರಯೋಗಾತ್ಮಕ ಸಂಶೋಧನೆಗಳು ಸವಿಸ್ತಾರವಾಗಿ ವಿಶ್ವದ ಎಲ್ಲೆಡೆ ನಡೆಯುತ್ತಿವೆ. ಸಂಪೂರ್ಣ ಆರೋಗ್ಯ ಭಾಗ್ಯವನ್ನು ನೀಡಲು ಹೋಮಿಯೋಪಥಿ ವೈದ್ಯಕೀಯ ಪದ್ಧತಿಯಲ್ಲಿ ಸರ್ವ ಪ್ರಯತ್ನವು ಸದಾ ನಡೆಯುತ್ತದೆ.

## Report on Guest Lecture at J T Kent Auditorium Government Homeopathic Medical College, Bangalore

**Date: 27th December 2023**



The Government Homeopathic Medical College, Bangalore, in association with the Karnataka Qualified Homeopathic Doctors' Association (KQHDA), hosted a guest lecture at the J T Kent Auditorium Government Homeopathic Medical College, Bangalore on 27th December 2023.

The distinguished guests for this lecture included Prof Dr. B. D. Patel, the patron of KQHDA, Prof Dr. Shreepad Hegde, the president of KQHDA, Prof Dr. H. L. Swamy, the chairman of KQHDA, and Prof Dr. V. Guruprasad, the Principal of GHMC&H. The invitees comprised of teaching staff, medical officers, postgraduate scholars, interns, 3rd and 4th-year students, and several homeopathic practitioners. The event commenced with an invocation song performed by Aishwarya Govind and Pragna, students from the 4th year. Dr. Lakshmi B. S, Professor at GHMC&H, formally welcomed the dignitaries. Subsequently, Dr. Shreepad Hegde gave a brief introduction of the speaker, Dr. Med Bridget John Wimmer, a senior homeopath Berlin, Germany.

Dr. Wimmer delivered a lecture on the "Status of Homeopathy in Europe," also presented several cases treated with classical homeopathy. She exemplified a case involving a patient suffering from depression and previously reliant on allopathic medication. Through homeopathic treatment, the patient's dependence on antidepressants decreased and was eventually withdrawn. Dr. Wimmer emphasized the significance of meticulous case-taking and comprehensive investigations, including vitamins and minerals, for better prescription. She also shared insights on observing Hering's Law of Cure while treating cases.

Dr. B. D. Patel, addressing the audience, encouraged students to become confident homeopathic prescribers. Dr. V. Guruprasad elaborated on advancing homeopathy to greater heights, emphasizing its prominence as the primary line of treatment. Dr. Wimmer was honoured with a letter of appreciation and a memento in acknowledgment of her informative session. The event concluded with a vote of thanks delivered by Dr. H. L. Swamy, followed by the national anthem. The entire event was skilfully anchored by Dr. Chiranth, the Secretary of KQHDA.

**- Reported by  
Dr. Lakshmi B S**

Prof. & HOD, Dept of FMT, GHMC, Bengaluru



## Report on National Homoeopathic Seminar KLE Homeopathic Medical College, Belagavi

On 10-11th February 2024 K.L.E Homoeopathic Medical College in association with Karnataka Qualified Homoeopathic Doctors Association, Bangalore organised a National Conference that focussed on the theme of Empowering wellness for non Communicable diseases had been a feast of knowledge for us delegates which came from different states and far distances. Venue being K.L.E centenary convention centre J.N.M.C campus at Belgavi, Karnataka. The inauguration program was presided over by the honourable Vice Chancellor of KLE academy of higher education and research, an eminent pathologist Dr. Nitin Gangare in presence of Director of KLE Homoeopathic Medical College Dr. Mukund Udachankar, Principal of KLE Homoeopathic Medical College Dr. Swaroopa Patil, member of quality board of N.C.H Dr. Janardan Nair, Secretary of N.C.H Dr. Sanjay Gupta, and Dr. Shreepad Hegde President of Karnataka Qualified Homoeopathic Doctors Association. The N.C.H members were felicitated at the outset.

The keynote speakers of day one of the seminar were Dr Navin Pawaskar and Dr Shashikant Tiwari. Dr Pawaskar demonstrated that first we need to understand areas of our scope and then we can easily collaborate with super specialists for efficient management of cardiac diseases. Dr. Shashikant Tiwari inspired the audience by showing a case of an infant who was failing to thrive with remarkable improvement and he quoted Dr Kent saying that it is the trust of our patients which makes the physician take up new challenging cases and to work harder. Dr Janardan Nair reminded the audience how thorough our case records should be in order to run with the demands of the present times. Dr. Sanjay Gupta urged everyone to visit the N.C.H council site as well as other research websites. He encouraged teacher's to conduct O.P.D level research. Dr. Bhuvaneshwari delved deep into understanding of how to do anemnesis of cases of substance abuse in patients admitted in psychiatric wards and also keeping in mind the medicolegal aspect related to such cases. It was followed by cultural programme which culminated into a garden ambience dinner party with delicious Buffet at the lawns of K.L.E campus.

Day two of the conference began with Dr. Praveen Jain showed the type of cases, where paternal family history is to be considered especially if mutation occurs post delivery. This gave new insights for the audience. Dr. Anoop Nigwekar stressed on use of the value of empathy to geriatric age group of patients & how it would benefit our patients as well as the doctors in the long run. Dr.B. D Patel illustrated the different lifestyle influences resulting in the formation of P.C.O.S and explained healthy methods of life and living in order to attain wellness, in which case even medicines are not



required. He strictly warned the youngsters of the hazards of going to Malls, western dressing and eating styles. Dr. Shreepad Hegde showed outstanding results in complex cases of neuro-ophthalmic manifestations of space occupying lesions of the brain. Dr. Shahala Nadaf presented the important highlights on the subject of Body Language on behalf of Dr. Ajit Kulkarni. This conference not only acted as a knowledge sharing platform but they also allowed delegates to showcase their paper presentation and poster presentation work assessment of which was a herculean task by the hands of noted judges who are highly eminent in the homoeopathic field. There were 23 posters and 47 scientific paper presentations.

The conference received 895 delegates with faculty and students from more than 25 Homoeopathic Medical Colleges distributed from nearly 15 different states of India. The valedictory ceremony was presided by the Registrar of K.L.E Dr. M.S Ganachari. The principal presented the report of the seminar. It was followed by a felicitation ceremony by the hands of Registrar and President of Karnataka Qualified Homoeopathic Doctors Association in which the undergraduate students who won 1st and 2nd place for poster presentation were from Housabai Homoeopathic Medical College, Kolhapur. The post- graduate students who bagged the 1st and 2nd place for poster competition belonged to Fr. Muller Homoeopathic Medical College, Mangalore and Bharatiya Vidyapeeth Homoeopathic Medical College, Pune. 1st place in Scientific paper presentation in category of faculty was won by Assistant Professor from Housabai Homoeopathic Medical College, Kolhapur and 2nd place was won by Assistant Professor from Arihant Homoeopathic Medical College & R.I, Gandhinagar, Gujarat. The feedback of the entire two days event was excellent on account of the courteous attitude of K.L.E faculty and students as well as massive participation from principals of neighbouring institutions along with their faculties and students.

For the first time KQHDA had an opportunity to join hands with KLE in organising this conference and Prof. Dr. Shreepad Hegde as a member in the Organising Committee and played a major role in making this event a grand success. KQHDA is thankful to KLE Institute and Prof. Dr. Udchankar and team for giving us this opportunity.

**- Reported by:**

**Dr. Rajiv Peres**

Assistant Professor

Arihant Homoeopathic Medical College & R.I.

Gandhinagar, Gujarat

## **'BRAINVITA'**

*Stimulate your grey matter*

1. Identify the plant and give its Doctrine of Medicine?



2. Which Pioneer has said these lines?

*“The Strain which runs through every pathogenic symptom complex has been called the ‘genius’ of the drug. To give its proper place in the prescription should be ideal for every prescriber.”*

3. Which Mineral group has “Rancour” as the main theme?

The other characteristics of this group is grudge, anger, hate, criticism, Disappointment with bitterness and gloomy. They are closely held in, their idealized picture of the world is different than reality.

4. The proving of this Nosode was done in high Potencies only. Name the drug and the prover?

*Send us your answers with your Full name and Address by E-mail to [kqhda1992@gmail.com](mailto:kqhda1992@gmail.com) Before 31st May, 2024.*

**First 5 winners name will be announced in our next Issue.**

### **Answers of 10th Issue**

1. Thyroglossal duct and cyst
2. E A Farrington, Book on Clinical Materia Medica
3. Cocculus Indica
4. Digitalis Purpurea, Family Scrophulariaceae

**PHOTOGALAXY**

**SEMINAR IN GHMC**







PHOTO GALAXY

SEMINAR IN KLE, BELAGAVI





**PHOTOGALAXY**

**SEMINAR IN KLE, BELAGAVI**

